

Newport News, VA - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:45	2.8	9:02	2.2	2:15	-0.4	3:13	-0.3	7:18	4:59	
2	Wed	9:29	2.8	9:47	2.2	3:03	-0.4	3:56	-0.3	7:19	5:00	
3	Thu	10:08	2.7	10:29	2.2	3:46	-0.4	4:35	-0.3	7:19	5:00	
4	Fri	10:46	2.6	11:10	2.2	4:27	-0.3	5:13	-0.2	7:19	5:01	
5	Sat	11:24	2.5	11:51	2.1	5:06	-0.2	5:51	-0.2	7:19	5:02	
6	Sun			12:02	2.4	5:47	-0.1	6:29	-0.1	7:19	5:03	
7	Mon	12:34	2.0	12:42	2.2	6:30	0.0	7:08	-0.1	7:19	5:04	
8	Tue	1:16	2.0	1:23	2.1	7:18	0.1	7:48	0.0	7:19	5:05	
9	Wed	1:59	2.0	2:06	2.0	8:09	0.1	8:30	0.0	7:19	5:06	
10	Thu	2:45	2.0	2:53	1.8	9:03	0.2	9:16	0.0	7:19	5:07	
11	Fri	3:36	2.0	3:47	1.8	10:03	0.2	10:07	0.0	7:19	5:08	
12	Sat	4:35	2.1	4:48	1.7	11:03	0.1	11:00	-0.1	7:18	5:08	
13	Sun	5:33	2.2	5:48	1.8			12:00	0.1	7:18	5:09	
14	Mon	6:26	2.4	6:42	1.9			12:53	-0.1	7:18	5:10	
15	Tue	7:16	2.5	7:33	2.0	12:45	-0.3	1:45	-0.2	7:18	5:11	
16	Wed	8:05	2.7	8:24	2.1	1:37	-0.4	2:34	-0.3	7:17	5:12	
17	Thu	8:54	2.9	9:13	2.2	2:29	-0.5	3:21	-0.4	7:17	5:13	
18	Fri	9:41	2.9	10:02	2.4	3:19	-0.6	4:06	-0.5	7:17	5:15	
19	Sat	10:29	3.0	10:51	2.4	4:08	-0.6	4:51	-0.6	7:16	5:16	
20	Sun	11:17	2.9	11:42	2.5	4:59	-0.6	5:38	-0.6	7:16	5:17	
21	Mon			12:08	2.8	5:53	-0.5	6:28	-0.5	7:15	5:18	
22	Tue	12:36	2.5	1:00	2.6	6:52	-0.4	7:21	-0.5	7:15	5:19	
23	Wed	1:32	2.5	1:54	2.4	7:55	-0.3	8:16	-0.4	7:14	5:20	
24	Thu	2:29	2.4	2:50	2.2	9:01	-0.2	9:14	-0.4	7:14	5:21	
25	Fri	3:33	2.4	3:54	2.0	10:10	-0.1	10:14	-0.3	7:13	5:22	
26	Sat	4:46	2.4	5:05	1.9	11:17	-0.1	11:16	-0.3	7:12	5:23	
27	Sun	5:55	2.4	6:10	1.9			12:19	-0.1	7:12	5:24	
28	Mon	6:54	2.5	7:07	2.0	12:14	-0.3	1:16	-0.2	7:11	5:25	
29	Tue	7:45	2.5	7:59	2.1	1:09	-0.3	2:08	-0.2	7:10	5:26	
30	Wed	8:31	2.5	8:46	2.1	2:00	-0.3	2:54	-0.3	7:10	5:27	
31	Thu	9:12	2.6	9:29	2.2	2:48	-0.4	3:35	-0.3	7:09	5:28	