

Newport News, VA - Aug 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:31	3.1	2:03	3.2	7:48	-0.1	8:27	0.1	6:11	8:12	
2	Sat	2:25	3.0	2:58	3.2	8:42	0.0	9:31	0.2	6:12	8:11	
3	Sun	3:20	2.8	3:57	3.2	9:37	0.1	10:37	0.3	6:12	8:10	
4	Mon	4:20	2.6	5:02	3.1	10:36	0.1	11:44	0.3	6:13	8:09	
5	Tue	5:28	2.6	6:12	3.1	11:38	0.2			6:14	8:08	
6	Wed	6:37	2.5	7:15	3.2	12:46	0.3	12:39	0.2	6:15	8:07	
7	Thu	7:39	2.6	8:10	3.2	1:44	0.2	1:37	0.2	6:16	8:06	
8	Fri	8:34	2.7	9:01	3.2	2:38	0.2	2:32	0.2	6:17	8:05	
9	Sat	9:25	2.8	9:46	3.2	3:28	0.2	3:25	0.2	6:17	8:04	
10	Sun	10:11	2.9	10:27	3.2	4:12	0.1	4:12	0.2	6:18	8:03	
11	Mon	10:53	2.9	11:05	3.1	4:51	0.1	4:55	0.2	6:19	8:02	
12	Tue	11:32	2.9	11:42	3.0	5:27	0.2	5:34	0.3	6:20	8:00	
13	Wed			12:11	2.9	6:00	0.2	6:13	0.3	6:21	7:59	
14	Thu	12:18	2.9	12:49	2.9	6:33	0.3	6:54	0.4	6:22	7:58	
15	Fri	12:57	2.8	1:28	2.9	7:07	0.3	7:37	0.5	6:22	7:57	
16	Sat	1:37	2.7	2:07	2.8	7:44	0.4	8:24	0.6	6:23	7:56	
17	Sun	2:18	2.6	2:48	2.8	8:23	0.5	9:13	0.6	6:24	7:54	
18	Mon	3:01	2.5	3:32	2.8	9:07	0.5	10:06	0.7	6:25	7:53	
19	Tue	3:49	2.4	4:22	2.8	9:56	0.6	11:04	0.7	6:26	7:52	
20	Wed	4:45	2.3	5:21	2.9	10:52	0.6			6:26	7:50	
21	Thu	5:49	2.4	6:22	3.0	12:02	0.6	11:53 AM	0.5	6:27	7:49	
22	Fri	6:50	2.5	7:19	3.1	12:57	0.5	12:51	0.4	6:28	7:48	
23	Sat	7:45	2.7	8:11	3.3	1:49	0.4	1:48	0.3	6:29	7:46	
24	Sun	8:37	2.9	9:02	3.4	2:39	0.3	2:44	0.2	6:30	7:45	
25	Mon	9:28	3.1	9:52	3.5	3:28	0.1	3:38	0.1	6:31	7:44	
26	Tue	10:18	3.3	10:41	3.6	4:15	0.0	4:30	0.0	6:31	7:42	
27	Wed	11:07	3.4	11:30	3.5	5:00	-0.1	5:22	0.0	6:32	7:41	
28	Thu	11:57	3.5			5:44	-0.1	6:14	0.0	6:33	7:40	
29	Fri	12:20	3.4	12:48	3.6	6:31	0.0	7:11	0.1	6:34	7:38	
30	Sat	1:12	3.3	1:43	3.5	7:22	0.0	8:12	0.2	6:35	7:37	
31	Sun	2:07	3.1	2:39	3.5	8:17	0.1	9:16	0.3	6:36	7:35	