US HARBORS www.USHarbors.com

Newport News, VA - Jul 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:37	2.4	9:08	3.2	2:51	0.1	2:34	0.0	5:49	8:29	
2	Sun	9:34	2.5	10:01	3.2	3:46	0.0	3:32	0.0	5:50	8:29	
3	Mon	10:27	2.6	10:50	3.1	4:35	0.0	4:25	0.0	5:50	8:29	
4	Tue	11:16	2.6	11:34	3.0	5:20	0.0	5:14	0.0	5:51	8:28	
5	Wed			12:03	2.6	6:02	0.1	6:00	0.1	5:51	8:28	
6	Thu	12:17	2.9	12:49	2.6	6:43	0.1	6:48	0.2	5:52	8:28	
7	Fri	12:59	2.7	1:34	2.6	7:23	0.2	7:38	0.3	5:52	8:28	
8	Sat	1:40	2.6	2:17	2.6	8:02	0.2	8:29	0.4	5:53	8:28	
9	Sun	2:22	2.4	2:59	2.6	8:41	0.3	9:21	0.5	5:54	8:27	
10	Mon	3:04	2.3	3:42	2.6	9:19	0.4	10:14	0.5	5:54	8:27	
11	Tue	3:49	2.1	4:29	2.6	10:00	0.4	11:09	0.5	5:55	8:27	
12	Wed	4:41	2.0	5:23	2.6	10:47	0.4			5:56	8:26	
13	Thu	5:42	2.0	6:19	2.7	12:05	0.5	11:38 AM	0.4	5:56	8:26	
14	Fri	6:41	2.0	7:12	2.8	12:58	0.5	12:32	0.4	5:57	8:25	
15	Sat	7:35	2.1	8:01	2.9	1:48	0.4	1:24	0.3	5:58	8:25	
16	Sun	8:25	2.2	8:49	3.0	2:37	0.3	2:16	0.3	5:58	8:24	
17	Mon	9:13	2.3	9:36	3.1	3:23	0.2	3:08	0.2	5:59	8:24	
18	Tue	10:00	2.5	10:21	3.2	4:07	0.1	3:58	0.1	6:00	8:23	
19	Wed	10:46	2.6	11:05	3.2	4:48	0.0	4:46	0.1	6:00	8:23	
20	Thu	11:31	2.8	11:49	3.2	5:28	0.0	5:34	0.0	6:01	8:22	
21	Fri			12:17	2.9	6:08	-0.1	6:24	0.0	6:02	8:21	
22	Sat	12:35	3.1	1:06	3.0	6:51	-0.1	7:20	0.1	6:03	8:21	
23	Sun	1:24	3.0	1:57	3.1	7:38	-0.1	8:20	0.2	6:03	8:20	
24	Mon	2:15	2.8	2:49	3.1	8:28	0.0	9:23	0.2	6:04	8:19	
25	Tue	3:08	2.6	3:45	3.1	9:20	0.0	10:28	0.3	6:05	8:18	
26	Wed	4:05	2.5	4:47	3.1	10:17	0.1	11:36	0.3	6:06	8:18	
27	Thu	5:11	2.3	5:58	3.1	11:20	0.1			6:07	8:17	
28	Fri	6:23	2.3	7:06	3.1	12:41	0.3	12:24	0.2	6:07	8:16	
29	Sat	7:29	2.4	8:06	3.1	1:42	0.3	1:26	0.2	6:08	8:15	
30	Sun	8:28	2.5	9:00	3.1	2:38	0.2	2:25	0.1	6:09	8:14	
31	Mon	9:23	2.6	9:49	3.1	3:30	0.2	3:22	0.1	6:10	8:13	