

































## Newport News, VA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:12	2.5	5:55	-0.2	6:31	-0.3	7:18	4:59	
2	Tue	12:40	2.3	12:58	2.4	6:49	-0.1	7:18	-0.3	7:19	5:00	
3	Wed	1:29	2.3	1:48	2.3	7:49	-0.1	8:08	-0.3	7:19	5:01	
4	Thu	2:22	2.4	2:42	2.1	8:53	0.0	9:02	-0.3	7:19	5:02	
5	Fri	3:22	2.4	3:44	2.0	10:03	0.0	10:02	-0.3	7:19	5:03	
6	Sat	4:31	2.5	4:54	1.9	11:14	0.0	11:05	-0.3	7:19	5:03	
7	Sun	5:42	2.6	6:04	1.9			12:20	-0.1	7:19	5:04	
8	Mon	6:47	2.7	7:07	2.0	12:08	-0.4	1:23	-0.2	7:19	5:05	
9	Tue	7:47	2.8	8:06	2.1	1:09	-0.4	2:21	-0.3	7:19	5:06	
10	Wed	8:43	2.8	9:01	2.2	2:09	-0.5	3:13	-0.3	7:19	5:07	
11	Thu	9:33	2.8	9:52	2.3	3:04	-0.5	3:59	-0.4	7:18	5:08	
12	Fri	10:18	2.8	10:40	2.3	3:54	-0.5	4:42	-0.4	7:18	5:09	
13	Sat	11:00	2.6	11:26	2.3	4:41	-0.4	5:23	-0.4	7:18	5:10	
14	Sun	11:42	2.5			5:28	-0.3	6:03	-0.3	7:18	5:11	
15	Mon	12:11	2.3	12:22	2.3	6:16	-0.2	6:43	-0.2	7:17	5:12	
16	Tue	12:55	2.2	1:03	2.1	7:05	-0.1	7:23	-0.1	7:17	5:13	
17	Wed	1:38	2.1	1:44	1.9	7:56	0.1	8:03	-0.1	7:17	5:14	
18	Thu	2:22	2.1	2:28	1.7	8:49	0.1	8:45	0.0	7:16	5:15	
19	Fri	3:10	2.0	3:17	1.6	9:45	0.2	9:33	0.0	7:16	5:16	
20	Sat	4:07	2.0	4:18	1.5	10:46	0.2	10:28	0.1	7:15	5:17	
21	Sun	5:11	2.0	5:23	1.5	11:44	0.2	11:24	0.0	7:15	5:18	
22	Mon	6:09	2.1	6:21	1.6			12:36	0.1	7:14	5:19	
23	Tue	6:59	2.2	7:11	1.7	12:17	0.0	1:25	0.0	7:14	5:20	
24	Wed	7:45	2.4	7:58	1.8	1:08	-0.1	2:11	-0.1	7:13	5:21	
25	Thu	8:28	2.5	8:43	2.0	1:58	-0.2	2:52	-0.2	7:13	5:23	
26	Fri	9:09	2.6	9:25	2.1	2:44	-0.3	3:30	-0.3	7:12	5:24	
27	Sat	9:48	2.7	10:06	2.3	3:28	-0.4	4:06	-0.4	7:11	5:25	
28	Sun	10:27	2.7	10:47	2.4	4:11	-0.4	4:43	-0.4	7:11	5:26	
29	Mon	11:08	2.6	11:31	2.5	4:56	-0.4	5:21	-0.5	7:10	5:27	
30	Tue	11:52	2.5			5:43	-0.4	6:03	-0.5	7:09	5:28	
31	Wed	12:18	2.5	12:39	2.4	6:36	-0.3	6:50	-0.4	7:08	5:29	