

































Newport News, VA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:22	2.5	6:24	-0.2	6:27	-0.3	6:36	5:59	
2	Fri	12:50	2.9	1:14	2.3	7:24	-0.1	7:22	-0.2	6:35	6:00	
3	Sat	1:46	2.8	2:09	2.1	8:28	0.0	8:23	-0.1	6:33	6:01	
4	Sun	2:49	2.6	3:13	2.0	9:37	0.1	9:31	-0.1	6:32	6:02	
5	Mon	4:04	2.5	4:31	2.0	10:49	0.2	10:45	0.0	6:30	6:03	
6	Tue	5:28	2.5	5:49	2.1	11:55	0.1	11:54	-0.1	6:29	6:04	
7	Wed	6:35	2.5	6:52	2.3			12:52	0.1	6:28	6:05	
8	Thu	7:29	2.6	7:46	2.4	12:56	-0.1	1:43	0.0	6:26	6:06	
9	Fri	8:16	2.6	8:34	2.6	1:53	-0.2	2:29	-0.1	6:25	6:07	
10	Sat	8:57	2.6	9:16	2.7	2:43	-0.2	3:08	-0.1	6:23	6:08	
11	Sun	9:34	2.6	9:53	2.8	3:26	-0.2	3:43	-0.2	6:22	6:09	
12	Mon	10:09	2.6	10:28	2.8	4:06	-0.2	4:15	-0.1	6:20	6:10	
13	Tue	10:43	2.5	11:02	2.7	4:42	-0.1	4:46	-0.1	6:19	6:10	
14	Wed	11:17	2.4	11:37	2.7	5:18	0.0	5:16	0.0	6:18	6:11	
15	Thu	11:54	2.3			5:54	0.1	5:49	0.1	6:16	6:12	
16	Fri	12:13	2.6	12:32	2.2	6:34	0.2	6:25	0.2	6:15	6:13	
17	Sat	12:53	2.5	1:13	2.1	7:18	0.3	7:08	0.3	6:13	6:14	
18	Sun	1:36	2.4	1:56	2.0	8:06	0.4	7:58	0.3	6:12	6:15	
19	Mon	2:25	2.3	2:46	1.9	9:02	0.5	8:55	0.4	6:10	6:16	
20	Tue	3:22	2.3	3:47	1.9	10:03	0.5	10:01	0.3	6:09	6:17	
21	Wed	4:30	2.3	4:56	2.0	11:04	0.4	11:08	0.3	6:07	6:18	
22	Thu	5:36	2.4	5:58	2.2	11:58	0.3			6:06	6:19	
23	Fri	6:31	2.6	6:51	2.5	12:09	0.2	12:46	0.2	6:04	6:19	
24	Sat	7:21	2.7	7:40	2.7	1:05	0.0	1:33	0.0	6:03	6:20	
25	Sun	8:09	2.8	8:27	3.0	1:59	-0.1	2:18	-0.1	6:01	6:21	
26	Mon	8:56	2.9	9:14	3.2	2:51	-0.2	3:02	-0.2	6:00	6:22	
27	Tue	9:42	2.9	10:01	3.3	3:40	-0.3	3:46	-0.3	5:58	6:23	
28	Wed	10:28	2.9	10:49	3.4	4:28	-0.3	4:30	-0.3	5:57	6:24	
29	Thu	11:16	2.8	11:40	3.3	5:18	-0.2	5:16	-0.3	5:55	6:25	
30	Fri			12:08	2.6	6:13	-0.1	6:09	-0.2	5:54	6:26	
31	Sat	12:35	3.2	1:03	2.5	7:13	0.1	7:08	0.0	5:52	6:27	