US HARBORS www.USHarbors.com

Newport News, VA - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:52	2.4	5:36	2.7	11:13	0.3	11:59	0.4	5:47	8:19	
2	Sat	5:52	2.3	6:32	2.8			12:01	0.3	5:47	8:20	
3	Sun	6:47	2.2	7:19	2.8	12:54	0.4	12:46	0.3	5:46	8:20	
4	Mon	7:35	2.2	8:02	2.9	1:43	0.3	1:29	0.3	5:46	8:21	
5	Tue	8:20	2.2	8:43	2.9	2:30	0.3	2:11	0.3	5:46	8:21	
6	Wed	9:03	2.3	9:23	2.9	3:14	0.2	2:54	0.3	5:46	8:22	
7	Thu	9:45	2.3	10:02	3.0	3:55	0.2	3:36	0.3	5:45	8:23	
8	Fri	10:25	2.4	10:40	2.9	4:33	0.2	4:16	0.2	5:45	8:23	
9	Sat	11:04	2.4	11:17	2.9	5:08	0.2	4:54	0.2	5:45	8:24	
10	Sun	11:42	2.4	11:54	2.9	5:43	0.2	5:32	0.3	5:45	8:24	
11	Mon			12:21	2.4	6:18	0.2	6:12	0.3	5:45	8:25	
12	Tue	12:33	2.8	1:03	2.4	6:56	0.2	6:56	0.3	5:45	8:25	
13	Wed	1:15	2.8	1:46	2.5	7:36	0.2	7:47	0.3	5:45	8:26	
14	Thu	1:59	2.7	2:31	2.6	8:20	0.2	8:43	0.3	5:45	8:26	
15	Fri	2:46	2.6	3:19	2.7	9:06	0.1	9:42	0.3	5:45	8:26	
16	Sat	3:36	2.5	4:11	2.8	9:55	0.1	10:46	0.3	5:45	8:27	
17	Sun	4:34	2.5	5:11	2.9	10:49	0.1	11:52	0.2	5:45	8:27	
18	Mon	5:38	2.4	6:14	3.1	11:47	0.0			5:45	8:27	
19	Tue	6:44	2.4	7:16	3.2	12:56	0.1	12:45	0.0	5:45	8:28	
20	Wed	7:45	2.5	8:15	3.4	1:58	0.1	1:44	-0.1	5:46	8:28	
21	Thu	8:45	2.5	9:14	3.4	2:58	0.0	2:44	-0.1	5:46	8:28	
22	Fri	9:44	2.6	10:11	3.4	3:55	-0.1	3:44	-0.2	5:46	8:28	
23	Sat	10:40	2.7	11:06	3.4	4:48	-0.1	4:40	-0.2	5:46	8:28	
24	Sun	11:34	2.7	11:58	3.2	5:37	-0.1	5:35	-0.1	5:47	8:29	
25	Mon			12:28	2.8	6:26	-0.1	6:30	0.0	5:47	8:29	
26	Tue	12:49	3.1	1:22	2.8	7:15	0.0	7:28	0.1	5:47	8:29	
27	Wed	1:39	2.8	2:15	2.8	8:04	0.1	8:28	0.2	5:48	8:29	
28	Thu	2:27	2.6	3:06	2.7	8:52	0.1	9:26	0.3	5:48	8:29	
29	Fri	3:14	2.4	3:56	2.7	9:37	0.2	10:25	0.4	5:48	8:29	
30	Sat	4:03	2.2	4:48	2.7	10:23	0.3	11:23	0.4	5:49	8:29	