US HARBORS www.USHarbors.com

Newport News, VA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:12	2.1	6:48	2.7	12:31	0.6	12:06	0.5	6:10	8:13	
2	Thu	7:10	2.2	7:39	2.8	1:22	0.5	1:00	0.5	6:11	8:12	
3	Fri	8:01	2.3	8:25	2.9	2:09	0.5	1:51	0.4	6:12	8:11	
4	Sat	8:47	2.4	9:08	3.0	2:53	0.4	2:41	0.4	6:13	8:10	
5	Sun	9:31	2.6	9:48	3.1	3:34	0.3	3:28	0.3	6:14	8:09	
6	Mon	10:12	2.7	10:27	3.1	4:11	0.2	4:13	0.2	6:15	8:08	
7	Tue	10:51	2.8	11:06	3.1	4:46	0.1	4:55	0.2	6:15	8:07	
8	Wed	11:30	3.0	11:45	3.1	5:21	0.1	5:38	0.2	6:16	8:05	
9	Thu			12:11	3.1	5:56	0.0	6:23	0.2	6:17	8:04	
10	Fri	12:27	3.0	12:55	3.2	6:35	0.0	7:13	0.3	6:18	8:03	
11	Sat	1:12	2.9	1:42	3.2	7:19	0.1	8:09	0.3	6:19	8:02	
12	Sun	2:01	2.8	2:33	3.2	8:08	0.1	9:10	0.4	6:20	8:01	
13	Mon	2:54	2.6	3:28	3.2	9:02	0.2	10:15	0.4	6:20	8:00	
14	Tue	3:51	2.5	4:32	3.2	10:03	0.2	11:25	0.5	6:21	7:59	
15	Wed	5:00	2.4	5:46	3.2	11:10	0.3			6:22	7:57	
16	Thu	6:16	2.5	6:58	3.2	12:33	0.4	12:20	0.3	6:23	7:56	
17	Fri	7:25	2.6	8:00	3.3	1:34	0.4	1:26	0.2	6:24	7:55	
18	Sat	8:27	2.8	8:56	3.3	2:31	0.3	2:28	0.2	6:25	7:54	
19	Sun	9:22	3.0	9:46	3.3	3:22	0.2	3:26	0.1	6:25	7:52	
20	Mon	10:13	3.1	10:31	3.3	4:08	0.1	4:19	0.1	6:26	7:51	
21	Tue	10:58	3.2	11:12	3.2	4:50	0.1	5:06	0.2	6:27	7:50	
22	Wed	11:41	3.3	11:52	3.0	5:27	0.1	5:51	0.2	6:28	7:48	
23	Thu			12:22	3.2	6:04	0.2	6:35	0.3	6:29	7:47	
24	Fri	12:32	2.9	1:03	3.2	6:39	0.3	7:21	0.5	6:29	7:46	
25	Sat	1:12	2.7	1:44	3.1	7:16	0.4	8:09	0.6	6:30	7:44	
26	Sun	1:55	2.6	2:25	3.0	7:56	0.5	8:59	0.7	6:31	7:43	
27	Mon	2:38	2.4	3:10	2.9	8:39	0.6	9:52	0.7	6:32	7:42	
28	Tue	3:25	2.3	3:59	2.8	9:28	0.7	10:49	0.8	6:33	7:40	
29	Wed	4:20	2.3	4:59	2.8	10:24	0.7	11:49	0.8	6:34	7:39	
30	Thu	5:26	2.3	6:05	2.8	11:27	0.7			6:34	7:37	
31	Fri	6:33	2.3	7:02	2.9	12:42	0.7	12:28	0.7	6:35	7:36	