
































Newport News, VA - Nov 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:35	3.5	7:57	3.0	1:13	0.1	2:04	0.2	6:29	5:08	
2	Fri	8:23	3.7	8:47	3.0	2:01	0.0	2:57	0.1	6:30	5:07	
3	Sat	9:13	3.8	9:37	3.0	2:50	-0.1	3:47	0.0	6:31	5:06	
4	Sun	10:04	3.8	10:28	2.9	3:38	-0.1	4:38	0.1	6:32	5:05	
5	Mon	10:56	3.7	11:21	2.8	4:28	-0.1	5:31	0.1	6:33	5:04	
6	Tue	11:52	3.6			5:20	0.0	6:29	0.2	6:34	5:03	
7	Wed	12:19	2.7	12:51	3.4	6:20	0.1	7:31	0.3	6:35	5:02	
8	Thu	1:21	2.7	1:51	3.1	7:28	0.3	8:33	0.3	6:36	5:02	
9	Fri	2:25	2.7	2:53	2.9	8:38	0.3	9:33	0.4	6:37	5:01	
10	Sat	3:35	2.7	4:00	2.8	9:50	0.4	10:30	0.3	6:39	5:00	
11	Sun	4:47	2.8	5:07	2.6	10:59	0.4	11:23	0.3	6:40	4:59	
12	Mon	5:49	2.9	6:03	2.6	11:59	0.4			6:41	4:58	
13	Tue	6:39	3.0	6:50	2.6	12:10	0.2	12:53	0.3	6:42	4:57	
14	Wed	7:23	3.1	7:33	2.5	12:53	0.2	1:41	0.3	6:43	4:57	
15	Thu	8:04	3.1	8:14	2.5	1:34	0.2	2:26	0.3	6:44	4:56	
16	Fri	8:42	3.2	8:53	2.5	2:14	0.2	3:07	0.2	6:45	4:55	
17	Sat	9:18	3.1	9:31	2.5	2:52	0.2	3:44	0.2	6:46	4:55	
18	Sun	9:53	3.1	10:09	2.5	3:28	0.2	4:19	0.2	6:47	4:54	
19	Mon	10:28	3.0	10:46	2.4	4:02	0.2	4:54	0.3	6:48	4:53	
20	Tue	11:04	2.9	11:25	2.3	4:36	0.3	5:30	0.3	6:49	4:53	
21	Wed	11:43	2.8			5:13	0.3	6:09	0.3	6:50	4:52	
22	Thu	12:06	2.3	12:23	2.8	5:53	0.4	6:51	0.4	6:51	4:52	
23	Fri	12:50	2.2	1:06	2.7	6:41	0.4	7:35	0.4	6:52	4:51	
24	Sat	1:36	2.3	1:52	2.6	7:36	0.5	8:22	0.3	6:53	4:51	
25	Sun	2:25	2.3	2:41	2.5	8:36	0.5	9:10	0.3	6:54	4:51	
26	Mon	3:18	2.4	3:37	2.4	9:40	0.4	10:02	0.2	6:55	4:50	
27	Tue	4:18	2.6	4:39	2.4	10:46	0.3	10:55	0.1	6:56	4:50	
28	Wed	5:18	2.8	5:40	2.4	11:48	0.2	11:48	0.0	6:57	4:50	
29	Thu	6:14	3.0	6:37	2.5			12:47	0.1	6:58	4:49	
30	Fri	7:09	3.2	7:32	2.5	12:41	-0.1	1:45	0.0	6:59	4:49	