US HARBORS www.USHarbors.com

Newport News, VA - Jul 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:17	2.8	10:43	3.5	4:22	-0.2	4:24	-0.2	5:50	8:29	
2	Tue	11:11	2.9	11:36	3.4	5:11	-0.3	5:18	-0.2	5:50	8:29	
3	Wed			12:05	3.0	6:01	-0.3	6:14	-0.2	5:51	8:29	
4	Thu	12:29	3.3	1:01	3.0	6:52	-0.2	7:13	-0.1	5:51	8:28	
5	Fri	1:24	3.2	1:58	3.0	7:46	-0.2	8:16	0.0	5:52	8:28	
6	Sat	2:19	3.0	2:55	3.0	8:40	-0.1	9:20	0.1	5:52	8:28	
7	Sun	3:14	2.7	3:52	3.0	9:34	0.0	10:24	0.2	5:53	8:28	
8	Mon	4:10	2.6	4:54	2.9	10:29	0.1	11:28	0.2	5:53	8:27	
9	Tue	5:13	2.4	5:59	2.9	11:25	0.1			5:54	8:27	
10	Wed	6:18	2.3	6:57	2.9	12:29	0.3	12:20	0.2	5:55	8:27	
11	Thu	7:15	2.4	7:48	2.9	1:23	0.2	1:12	0.2	5:55	8:26	
12	Fri	8:07	2.4	8:33	2.9	2:14	0.2	2:01	0.2	5:56	8:26	
13	Sat	8:54	2.5	9:15	2.9	3:02	0.2	2:49	0.2	5:56	8:26	
14	Sun	9:38	2.5	9:54	2.9	3:45	0.2	3:34	0.2	5:57	8:25	
15	Mon	10:20	2.6	10:31	2.9	4:23	0.1	4:15	0.2	5:58	8:25	
16	Tue	10:59	2.6	11:06	2.9	4:58	0.1	4:53	0.2	5:59	8:24	
17	Wed	11:36	2.6	11:42	2.9	5:30	0.1	5:30	0.2	5:59	8:24	
18	Thu			12:13	2.6	6:02	0.1	6:08	0.3	6:00	8:23	
19	Fri	12:18	2.8	12:50	2.7	6:34	0.2	6:47	0.3	6:01	8:22	
20	Sat	12:55	2.7	1:29	2.7	7:09	0.2	7:31	0.4	6:01	8:22	
21	Sun	1:35	2.6	2:09	2.7	7:47	0.2	8:19	0.4	6:02	8:21	
22	Mon	2:17	2.5	2:51	2.7	8:29	0.2	9:11	0.4	6:03	8:20	
23	Tue	3:02	2.5	3:38	2.8	9:16	0.2	10:07	0.4	6:04	8:20	
24	Wed	3:53	2.4	4:32	2.9	10:08	0.2	11:09	0.4	6:04	8:19	
25	Thu	4:53	2.4	5:34	3.0	11:07	0.2			6:05	8:18	
26	Fri	5:59	2.4	6:38	3.1	12:13	0.3	12:10	0.2	6:06	8:17	
27	Sat	7:04	2.5	7:38	3.3	1:13	0.2	1:11	0.1	6:07	8:17	
28	Sun	8:05	2.7	8:36	3.4	2:12	0.1	2:12	0.0	6:08	8:16	
29	Mon	9:03	2.9	9:33	3.5	3:08	-0.1	3:13	-0.1	6:08	8:15	
30	Tue	10:00	3.0	10:27	3.6	4:01	-0.2	4:11	-0.2	6:09	8:14	
31	Wed	10:55	3.2	11:19	3.5	4:51	-0.2	5:06	-0.2	6:10	8:13	