US HARBORS www.USHarbors.com

Newport News, VA - Aug 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:48	3.3			5:39	-0.2	6:00	-0.2	6:11	8:12	
2	Fri	12:11	3.4	12:41	3.3	6:27	-0.2	6:57	0.0	6:12	8:11	
3	Sat	1:03	3.2	1:36	3.3	7:18	-0.1	7:57	0.1	6:13	8:10	
4	Sun	1:55	3.0	2:30	3.2	8:10	0.0	8:58	0.2	6:13	8:09	
5	Mon	2:48	2.8	3:24	3.1	9:03	0.1	10:00	0.3	6:14	8:08	
6	Tue	3:42	2.6	4:22	3.0	9:57	0.2	11:02	0.4	6:15	8:07	
7	Wed	4:41	2.5	5:26	2.9	10:54	0.3			6:16	8:06	
8	Thu	5:47	2.4	6:28	2.9	12:02	0.4	11:51 AM	0.4	6:17	8:05	
9	Fri	6:49	2.4	7:21	2.9	12:57	0.4	12:45	0.4	6:18	8:04	
10	Sat	7:42	2.5	8:07	2.9	1:47	0.4	1:36	0.4	6:18	8:03	
11	Sun	8:29	2.6	8:49	3.0	2:32	0.4	2:24	0.4	6:19	8:01	
12	Mon	9:13	2.7	9:28	3.0	3:14	0.3	3:09	0.3	6:20	8:00	
13	Tue	9:54	2.8	10:05	3.0	3:52	0.3	3:52	0.3	6:21	7:59	
14	Wed	10:31	2.9	10:40	3.0	4:26	0.2	4:31	0.3	6:22	7:58	
15	Thu	11:07	2.9	11:14	3.0	4:58	0.2	5:08	0.3	6:22	7:57	
16	Fri	11:42	3.0	11:49	3.0	5:29	0.2	5:44	0.3	6:23	7:55	
17	Sat			12:17	3.0	6:00	0.2	6:22	0.4	6:24	7:54	
18	Sun	12:26	2.9	12:55	3.0	6:33	0.3	7:03	0.4	6:25	7:53	
19	Mon	1:05	2.8	1:35	3.0	7:11	0.3	7:50	0.5	6:26	7:52	
20	Tue	1:48	2.7	2:19	3.1	7:54	0.3	8:43	0.5	6:27	7:50	
21	Wed	2:35	2.7	3:08	3.1	8:44	0.4	9:41	0.5	6:27	7:49	
22	Thu	3:27	2.6	4:03	3.1	9:40	0.4	10:44	0.5	6:28	7:48	
23	Fri	4:27	2.6	5:08	3.2	10:43	0.4	11:50	0.4	6:29	7:46	
24	Sat	5:37	2.6	6:17	3.3	11:51	0.3			6:30	7:45	
25	Sun	6:46	2.8	7:21	3.4	12:53	0.3	12:57	0.2	6:31	7:44	
26	Mon	7:49	3.0	8:20	3.5	1:51	0.2	2:00	0.1	6:32	7:42	
27	Tue	8:48	3.2	9:16	3.6	2:46	0.1	3:01	0.0	6:32	7:41	
28	Wed	9:44	3.4	10:09	3.6	3:39	0.0	3:59	0.0	6:33	7:39	
29	Thu	10:37	3.5	11:00	3.6	4:28	-0.1	4:53	-0.1	6:34	7:38	
30	Fri	11:27	3.6	11:49	3.4	5:14	-0.1	5:45	0.0	6:35	7:37	
31	Sat			12:17	3.6	6:00	0.0	6:38	0.1	6:36	7:35	