US HARBORS www.USHarbors.com

Newport News, VA - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:41	2.4	2:00	2.1	8:05	0.1	8:12	0.0	6:36	5:59	
2	Sun	2:32	2.4	2:54	2.1	9:05	0.2	9:12	0.0	6:34	6:00	
3	Mon	3:33	2.4	3:59	2.1	10:12	0.1	10:20	0.0	6:33	6:01	
4	Tue	4:44	2.5	5:11	2.2	11:20	0.1	11:29	-0.1	6:31	6:02	
5	Wed	5:54	2.7	6:18	2.3			12:22	-0.1	6:30	6:03	
6	Thu	6:56	2.9	7:18	2.6	12:33	-0.3	1:19	-0.2	6:29	6:04	
7	Fri	7:53	3.0	8:15	2.8	1:34	-0.4	2:14	-0.3	6:27	6:05	
8	Sat	8:48	3.1	9:09	3.0	2:33	-0.5	3:04	-0.4	6:26	6:06	
9	Sun	9:39	3.1	10:00	3.1	3:28	-0.6	3:52	-0.5	6:24	6:07	
10	Mon	10:27	3.1	10:50	3.1	4:19	-0.6	4:38	-0.5	6:23	6:08	
11	Tue	11:16	2.9	11:40	3.1	5:10	-0.5	5:24	-0.4	6:21	6:09	
12	Wed			12:05	2.8	6:03	-0.3	6:13	-0.3	6:20	6:10	
13	Thu	12:31	3.0	12:56	2.6	6:59	-0.2	7:05	-0.2	6:19	6:11	
14	Fri	1:24	2.8	1:47	2.4	7:57	0.0	8:00	0.0	6:17	6:12	
15	Sat	2:17	2.6	2:40	2.2	8:57	0.2	8:58	0.1	6:16	6:13	
16	Sun	3:16	2.4	3:42	2.1	9:59	0.3	9:59	0.2	6:14	6:13	
17	Mon	4:26	2.3	4:52	2.1	11:00	0.3	11:02	0.2	6:13	6:14	
18	Tue	5:35	2.3	5:54	2.2	11:54	0.3	11:58	0.2	6:11	6:15	
19	Wed	6:29	2.4	6:46	2.3			12:43	0.3	6:10	6:16	
20	Thu	7:14	2.4	7:31	2.4	12:49	0.2	1:26	0.2	6:08	6:17	
21	Fri	7:55	2.5	8:12	2.5	1:36	0.1	2:06	0.1	6:07	6:18	
22	Sat	8:33	2.6	8:50	2.7	2:20	0.0	2:43	0.1	6:05	6:19	
23	Sun	9:08	2.6	9:26	2.7	3:00	0.0	3:16	0.0	6:04	6:20	
24	Mon	9:43	2.7	9:59	2.8	3:37	0.0	3:48	0.0	6:02	6:21	
25	Tue	10:16	2.6	10:33	2.8	4:12	0.0	4:19	0.0	6:01	6:21	
26	Wed	10:51	2.6	11:08	2.8	4:47	0.0	4:51	0.0	5:59	6:22	
27	Thu	11:28	2.6	11:46	2.8	5:23	0.0	5:27	0.0	5:58	6:23	
28	Fri			12:08	2.5	6:04	0.1	6:08	0.1	5:56	6:24	
29	Sat	12:29	2.8	12:52	2.4	6:51	0.2	6:56	0.1	5:55	6:25	
30	Sun	1:17	2.8	1:41	2.4	7:45	0.2	7:51	0.2	5:53	6:26	
31	Mon	2:10	2.7	2:36	2.4	8:44	0.2	8:54	0.2	5:52	6:27	