US HARBORS www.USHarbors.com

Newport News, VA - Jun 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:13	2.7	9:34	3.4	3:19	-0.1	3:14	-0.1	5:47	8:19	
2	Fri	10:06	2.8	10:26	3.5	4:11	-0.2	4:06	-0.2	5:47	8:20	
3	Sat	10:58	2.8	11:18	3.5	5:02	-0.2	4:57	-0.2	5:46	8:21	
4	Sun	11:51	2.8			5:53	-0.2	5:50	-0.2	5:46	8:21	
5	Mon	12:12	3.4	12:46	2.8	6:47	-0.1	6:47	-0.1	5:46	8:22	
6	Tue	1:09	3.3	1:44	2.8	7:44	-0.1	7:50	0.0	5:46	8:22	
7	Wed	2:07	3.1	2:44	2.8	8:42	0.0	8:56	0.1	5:45	8:23	
8	Thu	3:05	2.9	3:44	2.8	9:40	0.1	10:02	0.2	5:45	8:23	
9	Fri	4:05	2.7	4:48	2.8	10:36	0.1	11:09	0.2	5:45	8:24	
10	Sat	5:10	2.6	5:54	2.8	11:32	0.1			5:45	8:24	
11	Sun	6:14	2.5	6:52	2.9	12:13	0.2	12:24	0.1	5:45	8:25	
12	Mon	7:11	2.4	7:43	3.0	1:11	0.2	1:13	0.1	5:45	8:25	
13	Tue	8:00	2.4	8:28	3.0	2:03	0.2	1:59	0.1	5:45	8:26	
14	Wed	8:46	2.4	9:10	3.0	2:52	0.1	2:43	0.2	5:45	8:26	
15	Thu	9:29	2.4	9:49	3.0	3:37	0.1	3:26	0.2	5:45	8:27	
16	Fri	10:11	2.5	10:27	3.0	4:18	0.1	4:07	0.2	5:45	8:27	
17	Sat	10:50	2.5	11:03	3.0	4:55	0.1	4:44	0.2	5:45	8:27	
18	Sun	11:28	2.4	11:40	2.9	5:30	0.1	5:21	0.2	5:45	8:27	
19	Mon			12:07	2.4	6:05	0.1	5:57	0.3	5:46	8:28	
20	Tue	12:18	2.8	12:46	2.4	6:41	0.2	6:37	0.3	5:46	8:28	
21	Wed	12:57	2.7	1:27	2.4	7:18	0.2	7:20	0.4	5:46	8:28	
22	Thu	1:38	2.7	2:08	2.4	7:58	0.2	8:09	0.4	5:46	8:28	
23	Fri	2:20	2.6	2:51	2.5	8:40	0.3	9:02	0.4	5:47	8:29	
24	Sat	3:05	2.5	3:36	2.5	9:25	0.2	9:58	0.4	5:47	8:29	
25	Sun	3:54	2.5	4:27	2.6	10:13	0.2	10:59	0.4	5:47	8:29	
26	Mon	4:50	2.4	5:25	2.8	11:06	0.2			5:48	8:29	
27	Tue	5:52	2.4	6:24	3.0	12:01	0.3	12:01	0.1	5:48	8:29	
28	Wed	6:54	2.5	7:21	3.1	1:01	0.2	12:57	0.0	5:48	8:29	
29	Thu	7:52	2.5	8:17	3.3	2:00	0.0	1:53	-0.1	5:49	8:29	
30	Fri	8:49	2.6	9:14	3.4	2:58	-0.1	2:50	-0.2	5:49	8:29	