

Newport News, VA - Nov 2000

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|-----|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 12:23 | 2.6 | 12:44 | 3.0 | 6:16 | 0.5 | 7:20 | 0.6 | 6:30 | 5:08 | ☾ |
| 2 | Thu | 1:10 | 2.5 | 1:29 | 2.9 | 7:04 | 0.6 | 8:10 | 0.6 | 6:31 | 5:07 | ☾ |
| 3 | Fri | 1:58 | 2.4 | 2:17 | 2.8 | 7:58 | 0.7 | 9:00 | 0.6 | 6:32 | 5:06 | ☾ |
| 4 | Sat | 2:50 | 2.3 | 3:09 | 2.7 | 8:57 | 0.7 | 9:53 | 0.6 | 6:33 | 5:05 | ☾ |
| 5 | Sun | 3:49 | 2.4 | 4:09 | 2.6 | 10:00 | 0.7 | 10:43 | 0.6 | 6:34 | 5:04 | ☾ |
| 6 | Mon | 4:52 | 2.5 | 5:09 | 2.6 | 11:01 | 0.6 | 11:29 | 0.5 | 6:35 | 5:03 | ☾ |
| 7 | Tue | 5:46 | 2.6 | 6:01 | 2.7 | 11:56 | 0.5 | | | 6:36 | 5:02 | ☾ |
| 8 | Wed | 6:32 | 2.8 | 6:47 | 2.8 | 12:12 | 0.4 | 12:46 | 0.4 | 6:37 | 5:01 | ☾ |
| 9 | Thu | 7:15 | 3.0 | 7:32 | 2.8 | 12:54 | 0.2 | 1:35 | 0.3 | 6:38 | 5:00 | ☾ |
| 10 | Fri | 7:57 | 3.2 | 8:17 | 2.9 | 1:37 | 0.1 | 2:23 | 0.2 | 6:39 | 4:59 | ☾ |
| 11 | Sat | 8:40 | 3.4 | 9:02 | 2.9 | 2:20 | 0.0 | 3:09 | 0.1 | 6:40 | 4:59 | ☾ |
| 12 | Sun | 9:24 | 3.5 | 9:47 | 2.9 | 3:04 | -0.1 | 3:54 | 0.0 | 6:41 | 4:58 | ☾ |
| 13 | Mon | 10:09 | 3.6 | 10:34 | 2.8 | 3:48 | -0.1 | 4:41 | 0.0 | 6:42 | 4:57 | ☾ |
| 14 | Tue | 10:57 | 3.5 | 11:25 | 2.8 | 4:33 | -0.1 | 5:30 | 0.0 | 6:43 | 4:56 | ☾ |
| 15 | Wed | 11:49 | 3.4 | | | 5:23 | 0.0 | 6:26 | 0.1 | 6:44 | 4:56 | ☾ |
| 16 | Thu | 12:20 | 2.7 | 12:45 | 3.3 | 6:20 | 0.1 | 7:26 | 0.2 | 6:45 | 4:55 | ☾ |
| 17 | Fri | 1:19 | 2.6 | 1:44 | 3.1 | 7:24 | 0.1 | 8:28 | 0.2 | 6:46 | 4:54 | ☾ |
| 18 | Sat | 2:21 | 2.6 | 2:46 | 3.0 | 8:33 | 0.2 | 9:31 | 0.2 | 6:47 | 4:54 | ☾ |
| 19 | Sun | 3:29 | 2.6 | 3:54 | 2.8 | 9:45 | 0.2 | 10:31 | 0.1 | 6:48 | 4:53 | ☾ |
| 20 | Mon | 4:43 | 2.7 | 5:05 | 2.7 | 10:56 | 0.2 | 11:28 | 0.1 | 6:49 | 4:53 | ☾ |
| 21 | Tue | 5:49 | 2.9 | 6:06 | 2.7 | | | 12:00 | 0.2 | 6:50 | 4:52 | ☾ |
| 22 | Wed | 6:45 | 3.0 | 6:59 | 2.7 | 12:19 | 0.0 | 12:58 | 0.1 | 6:51 | 4:52 | ☾ |
| 23 | Thu | 7:34 | 3.1 | 7:47 | 2.6 | 1:07 | 0.0 | 1:51 | 0.1 | 6:52 | 4:51 | ☾ |
| 24 | Fri | 8:19 | 3.2 | 8:32 | 2.6 | 1:53 | -0.1 | 2:40 | 0.0 | 6:53 | 4:51 | ☾ |
| 25 | Sat | 9:01 | 3.2 | 9:14 | 2.6 | 2:36 | -0.1 | 3:24 | 0.0 | 6:54 | 4:50 | ☾ |
| 26 | Sun | 9:39 | 3.2 | 9:54 | 2.5 | 3:16 | 0.0 | 4:04 | 0.0 | 6:55 | 4:50 | ☾ |
| 27 | Mon | 10:16 | 3.1 | 10:33 | 2.4 | 3:54 | 0.0 | 4:42 | 0.1 | 6:56 | 4:50 | ☾ |
| 28 | Tue | 10:53 | 3.0 | 11:13 | 2.4 | 4:30 | 0.1 | 5:20 | 0.1 | 6:57 | 4:49 | ☾ |
| 29 | Wed | 11:31 | 2.8 | 11:54 | 2.3 | 5:06 | 0.2 | 5:59 | 0.2 | 6:58 | 4:49 | ☾ |
| 30 | Thu | | | 12:11 | 2.7 | 5:44 | 0.2 | 6:41 | 0.2 | 6:59 | 4:49 | ☾ |