

































## Newport News, VA - Jul 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:05	2.4	7:40	3.1	1:11	0.2	1:06	0.1	5:49	8:29	
2	Mon	7:58	2.4	8:29	3.1	2:06	0.1	1:57	0.1	5:50	8:29	
3	Tue	8:49	2.4	9:16	3.1	2:57	0.1	2:47	0.1	5:50	8:29	
4	Wed	9:36	2.4	9:59	3.1	3:45	0.1	3:34	0.1	5:51	8:28	
5	Thu	10:20	2.5	10:39	3.0	4:27	0.1	4:18	0.1	5:51	8:28	
6	Fri	11:02	2.5	11:17	3.0	5:06	0.1	4:59	0.2	5:52	8:28	
7	Sat	11:41	2.5	11:54	2.9	5:42	0.1	5:37	0.2	5:53	8:28	
8	Sun			12:21	2.5	6:17	0.2	6:16	0.3	5:53	8:28	
9	Mon	12:32	2.8	1:01	2.5	6:53	0.2	6:57	0.4	5:54	8:27	
10	Tue	1:12	2.7	1:42	2.5	7:29	0.2	7:43	0.4	5:54	8:27	
11	Wed	1:52	2.6	2:22	2.5	8:07	0.3	8:31	0.5	5:55	8:27	
12	Thu	2:34	2.5	3:03	2.5	8:47	0.3	9:22	0.5	5:56	8:26	
13	Fri	3:17	2.4	3:46	2.6	9:29	0.3	10:17	0.5	5:56	8:26	
14	Sat	4:05	2.3	4:36	2.7	10:15	0.3	11:16	0.5	5:57	8:25	
15	Sun	5:00	2.2	5:32	2.8	11:07	0.3			5:58	8:25	
16	Mon	6:02	2.3	6:31	2.9	12:15	0.4	12:02	0.2	5:58	8:24	
17	Tue	7:01	2.3	7:26	3.1	1:12	0.3	12:58	0.2	5:59	8:24	
18	Wed	7:58	2.4	8:21	3.2	2:08	0.2	1:54	0.1	6:00	8:23	
19	Thu	8:53	2.6	9:16	3.4	3:03	0.1	2:52	0.0	6:01	8:23	
20	Fri	9:48	2.7	10:11	3.5	3:56	0.0	3:49	-0.1	6:01	8:22	
21	Sat	10:42	2.8	11:04	3.5	4:46	-0.1	4:44	-0.2	6:02	8:21	
22	Sun	11:35	2.9	11:56	3.4	5:34	-0.2	5:38	-0.2	6:03	8:21	
23	Mon			12:29	3.0	6:23	-0.1	6:35	-0.1	6:04	8:20	
24	Tue	12:50	3.3	1:24	3.1	7:14	-0.1	7:36	0.0	6:04	8:19	
25	Wed	1:44	3.1	2:21	3.1	8:07	0.0	8:40	0.1	6:05	8:18	
26	Thu	2:38	2.9	3:17	3.1	9:00	0.0	9:44	0.2	6:06	8:18	
27	Fri	3:33	2.7	4:16	3.1	9:54	0.1	10:48	0.3	6:07	8:17	
28	Sat	4:32	2.5	5:20	3.0	10:50	0.2	11:52	0.3	6:08	8:16	
29	Sun	5:38	2.4	6:24	3.0	11:47	0.2			6:08	8:15	
30	Mon	6:43	2.3	7:20	3.0	12:52	0.3	12:43	0.3	6:09	8:14	
31	Tue	7:39	2.4	8:10	3.0	1:46	0.3	1:36	0.3	6:10	8:13	