US HARBORS www.USHarbors.com

Newport News, VA - Aug 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:07	3.1	12:40	2.9	6:28	0.1	6:44	0.2	6:10	8:13	
2	Sat	12:52	3.0	1:27	3.0	7:10	0.1	7:38	0.2	6:11	8:12	
3	Sun	1:40	2.9	2:16	3.1	7:57	0.1	8:37	0.3	6:12	8:11	
4	Mon	2:30	2.8	3:08	3.1	8:47	0.1	9:39	0.3	6:13	8:10	
5	Tue	3:24	2.6	4:04	3.2	9:40	0.1	10:45	0.3	6:14	8:09	
6	Wed	4:23	2.5	5:09	3.2	10:40	0.2	11:53	0.3	6:14	8:08	
7	Thu	5:32	2.4	6:19	3.2	11:44	0.2			6:15	8:07	
8	Fri	6:44	2.4	7:25	3.3	12:58	0.3	12:48	0.2	6:16	8:06	
9	Sat	7:48	2.5	8:24	3.3	1:58	0.3	1:50	0.2	6:17	8:05	
10	Sun	8:47	2.7	9:19	3.4	2:55	0.2	2:51	0.1	6:18	8:03	
11	Mon	9:43	2.8	10:09	3.3	3:47	0.1	3:47	0.1	6:19	8:02	
12	Tue	10:33	2.9	10:54	3.3	4:32	0.1	4:38	0.1	6:19	8:01	
13	Wed	11:18	3.0	11:36	3.2	5:14	0.1	5:25	0.2	6:20	8:00	
14	Thu			12:02	3.0	5:52	0.1	6:10	0.3	6:21	7:59	
15	Fri	12:16	3.0	12:44	3.0	6:29	0.2	6:56	0.4	6:22	7:58	
16	Sat	12:57	2.9	1:25	2.9	7:06	0.3	7:43	0.5	6:23	7:56	
17	Sun	1:38	2.7	2:06	2.9	7:43	0.4	8:33	0.6	6:24	7:55	
18	Mon	2:20	2.5	2:46	2.9	8:22	0.5	9:24	0.6	6:24	7:54	
19	Tue	3:04	2.4	3:29	2.8	9:04	0.6	10:18	0.7	6:25	7:53	
20	Wed	3:52	2.3	4:18	2.8	9:50	0.6	11:16	0.7	6:26	7:51	
21	Thu	4:48	2.2	5:17	2.8	10:44	0.6			6:27	7:50	
22	Fri	5:54	2.2	6:20	2.8	12:13	0.7	11:43 AM	0.6	6:28	7:49	
23	Sat	6:55	2.3	7:16	2.9	1:05	0.7	12:40	0.6	6:29	7:47	
24	Sun	7:47	2.4	8:05	3.1	1:54	0.6	1:35	0.5	6:29	7:46	
25	Mon	8:34	2.6	8:51	3.2	2:39	0.5	2:27	0.4	6:30	7:45	
26	Tue	9:20	2.8	9:36	3.3	3:22	0.4	3:18	0.3	6:31	7:43	
27	Wed	10:04	3.0	10:19	3.4	4:02	0.2	4:06	0.2	6:32	7:42	
28	Thu	10:46	3.2	11:01	3.4	4:41	0.2	4:53	0.2	6:33	7:40	
29	Fri	11:29	3.3	11:45	3.3	5:19	0.1	5:39	0.1	6:33	7:39	
30	Sat			12:14	3.4	5:58	0.1	6:29	0.2	6:34	7:38	
31	Sun	12:31	3.2	1:03	3.5	6:41	0.1	7:23	0.3	6:35	7:36	