US HARBORS www.USHarbors.com

Newport News, VA - Jan 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:59	2.2	5:07	1.8	11:26	0.2	11:11	0.0	7:18	4:59	
2	Fri	5:53	2.2	6:02	1.7			12:19	0.1	7:19	5:00	
3	Sat	6:40	2.3	6:51	1.8			1:07	0.1	7:19	5:01	
4	Sun	7:23	2.4	7:36	1.8	12:42	-0.1	1:54	0.0	7:19	5:01	
5	Mon	8:04	2.4	8:20	1.9	1:27	-0.1	2:37	0.0	7:19	5:02	
6	Tue	8:44	2.5	9:01	1.9	2:11	-0.2	3:15	-0.1	7:19	5:03	
7	Wed	9:22	2.5	9:41	1.9	2:53	-0.2	3:51	-0.1	7:19	5:04	
8	Thu	9:58	2.6	10:19	2.0	3:32	-0.2	4:25	-0.2	7:19	5:05	
9	Fri	10:33	2.5	10:57	2.0	4:10	-0.2	4:58	-0.2	7:19	5:06	
10	Sat	11:10	2.5	11:36	2.0	4:48	-0.2	5:33	-0.2	7:19	5:07	
11	Sun	11:49	2.5			5:30	-0.2	6:11	-0.2	7:18	5:08	
12	Mon	12:19	2.1	12:31	2.4	6:17	-0.1	6:53	-0.2	7:18	5:09	
13	Tue	1:04	2.2	1:16	2.3	7:10	-0.1	7:38	-0.2	7:18	5:10	
14	Wed	1:52	2.2	2:05	2.1	8:09	-0.1	8:27	-0.2	7:18	5:11	
15	Thu	2:45	2.3	3:00	2.0	9:13	0.0	9:22	-0.2	7:17	5:12	
16	Fri	3:46	2.4	4:04	1.9	10:24	0.0	10:23	-0.3	7:17	5:13	
17	Sat	4:55	2.5	5:15	1.8	11:33	-0.1	11:27	-0.3	7:17	5:14	
18	Sun	6:03	2.6	6:23	1.9			12:39	-0.2	7:16	5:15	
19	Mon	7:07	2.8	7:26	2.0	12:30	-0.4	1:41	-0.3	7:16	5:16	
20	Tue	8:07	2.9	8:25	2.1	1:31	-0.5	2:38	-0.4	7:16	5:17	
21	Wed	9:03	2.9	9:21	2.2	2:31	-0.5	3:30	-0.4	7:15	5:18	
22	Thu	9:54	2.9	10:12	2.3	3:27	-0.6	4:17	-0.5	7:15	5:19	
23	Fri	10:41	2.8	11:02	2.3	4:18	-0.6	5:02	-0.4	7:14	5:20	
24	Sat	11:27	2.7	11:51	2.3	5:08	-0.5	5:45	-0.4	7:14	5:21	
25	Sun			12:12	2.5	5:59	-0.3	6:29	-0.3	7:13	5:22	
26	Mon	12:39	2.3	12:56	2.3	6:53	-0.2	7:13	-0.2	7:12	5:23	
27	Tue	1:26	2.2	1:39	2.0	7:47	-0.1	7:56	-0.1	7:12	5:24	
28	Wed	2:12	2.1	2:24	1.9	8:42	0.1	8:39	-0.1	7:11	5:25	
29	Thu	3:00	2.1	3:13	1.7	9:40	0.1	9:26	0.0	7:10	5:26	
30	Fri	3:55	2.0	4:12	1.6	10:41	0.2	10:19	0.0	7:09	5:27	
31	Sat	4:59	2.0	5:17	1.6	11:39	0.2	11:13	0.0	7:09	5:29	