US HARBORS www.USHarbors.com

Newport News, VA - Jul 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:05	2.5	9:36	3.5	3:18	-0.1	3:07	-0.1	5:50	8:29	
2	Fri	10:03	2.6	10:33	3.5	4:14	-0.1	4:06	-0.2	5:50	8:29	
3	Sat	11:00	2.7	11:28	3.4	5:06	-0.1	5:03	-0.2	5:51	8:29	
4	Sun	11:55	2.7			5:56	-0.1	5:59	-0.1	5:51	8:28	
5	Mon	12:22	3.3	12:51	2.8	6:47	-0.1	6:57	0.0	5:52	8:28	
6	Tue	1:16	3.1	1:47	2.8	7:39	0.0	8:00	0.1	5:52	8:28	
7	Wed	2:09	2.9	2:42	2.8	8:30	0.1	9:03	0.2	5:53	8:28	
8	Thu	3:00	2.6	3:36	2.8	9:19	0.1	10:05	0.3	5:53	8:27	
9	Fri	3:51	2.4	4:31	2.8	10:08	0.2	11:07	0.4	5:54	8:27	
10	Sat	4:46	2.3	5:30	2.8	10:57	0.3			5:55	8:27	
11	Sun	5:46	2.2	6:26	2.8	12:06	0.4	11:46 AM	0.3	5:55	8:26	
12	Mon	6:44	2.1	7:16	2.8	1:00	0.4	12:35	0.3	5:56	8:26	
13	Tue	7:35	2.2	8:01	2.8	1:49	0.4	1:22	0.3	5:57	8:26	
14	Wed	8:23	2.2	8:44	2.9	2:36	0.3	2:09	0.3	5:57	8:25	
15	Thu	9:08	2.3	9:26	2.9	3:21	0.3	2:55	0.3	5:58	8:25	
16	Fri	9:52	2.4	10:05	2.9	4:01	0.2	3:40	0.3	5:59	8:24	
17	Sat	10:33	2.4	10:43	2.9	4:38	0.2	4:21	0.2	5:59	8:24	
18	Sun	11:11	2.5	11:19	2.9	5:12	0.2	5:01	0.2	6:00	8:23	
19	Mon	11:49	2.5	11:55	2.9	5:44	0.2	5:39	0.3	6:01	8:22	
20	Tue			12:27	2.6	6:17	0.2	6:20	0.3	6:02	8:22	
21	Wed	12:32	2.8	1:06	2.6	6:51	0.2	7:04	0.3	6:02	8:21	
22	Thu	1:12	2.8	1:47	2.7	7:29	0.2	7:54	0.3	6:03	8:20	
23	Fri	1:55	2.7	2:31	2.8	8:10	0.2	8:48	0.4	6:04	8:20	
24	Sat	2:41	2.6	3:18	2.9	8:56	0.2	9:46	0.4	6:05	8:19	
25	Sun	3:32	2.5	4:11	3.0	9:46	0.2	10:50	0.4	6:05	8:18	
26	Mon	4:30	2.4	5:13	3.1	10:43	0.2	11:57	0.3	6:06	8:17	
27	Tue	5:37	2.3	6:20	3.2	11:46	0.2			6:07	8:17	
28	Wed	6:46	2.4	7:25	3.3	1:02	0.3	12:50	0.1	6:08	8:16	
29	Thu	7:51	2.5	8:27	3.4	2:04	0.2	1:54	0.0	6:09	8:15	
30	Fri	8:52	2.6	9:26	3.5	3:03	0.1	2:57	0.0	6:09	8:14	
31	Sat	9:52	2.8	10:22	3.5	3:59	0.0	3:57	-0.1	6:10	8:13	