US HARBORS www.USHarbors.com

Newport News, VA - Aug 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:47	2.9	11:13	3.4	4:48	0.0	4:53	-0.1	6:11	8:12	
2	Mon	11:39	3.0			5:34	-0.1	5:47	0.0	6:12	8:11	
3	Tue	12:02	3.3	12:30	3.1	6:19	0.0	6:41	0.1	6:13	8:10	
4	Wed	12:50	3.1	1:21	3.1	7:04	0.1	7:37	0.2	6:13	8:09	
5	Thu	1:38	2.9	2:10	3.0	7:50	0.1	8:35	0.3	6:14	8:08	
6	Fri	2:25	2.7	2:58	3.0	8:35	0.3	9:32	0.4	6:15	8:07	
7	Sat	3:12	2.5	3:46	2.9	9:21	0.4	10:30	0.5	6:16	8:06	
8	Sun	4:02	2.3	4:39	2.8	10:09	0.5	11:29	0.6	6:17	8:05	
9	Mon	5:00	2.2	5:39	2.8	11:01	0.5			6:18	8:04	
10	Tue	6:05	2.2	6:38	2.8	12:26	0.6	11:56 AM	0.5	6:18	8:03	
11	Wed	7:04	2.2	7:30	2.8	1:17	0.6	12:49	0.5	6:19	8:01	
12	Thu	7:55	2.3	8:16	2.9	2:05	0.5	1:40	0.5	6:20	8:00	
13	Fri	8:41	2.4	8:59	3.0	2:49	0.5	2:29	0.4	6:21	7:59	
14	Sat	9:25	2.6	9:39	3.1	3:30	0.4	3:16	0.4	6:22	7:58	
15	Sun	10:05	2.7	10:16	3.1	4:06	0.3	4:00	0.3	6:23	7:57	
16	Mon	10:43	2.8	10:52	3.1	4:40	0.3	4:40	0.3	6:23	7:55	
17	Tue	11:20	2.9	11:28	3.1	5:11	0.2	5:20	0.3	6:24	7:54	
18	Wed	11:56	3.0			5:43	0.2	6:00	0.3	6:25	7:53	
19	Thu	12:05	3.0	12:35	3.1	6:17	0.2	6:44	0.3	6:26	7:52	
20	Fri	12:46	2.9	1:17	3.2	6:54	0.2	7:33	0.4	6:27	7:50	
21	Sat	1:30	2.8	2:03	3.2	7:37	0.2	8:28	0.4	6:28	7:49	
22	Sun	2:18	2.7	2:52	3.2	8:26	0.3	9:28	0.5	6:28	7:48	
23	Mon	3:10	2.6	3:48	3.2	9:21	0.3	10:34	0.5	6:29	7:46	
24	Tue	4:10	2.5	4:54	3.2	10:23	0.4	11:45	0.5	6:30	7:45	
25	Wed	5:22	2.5	6:09	3.3	11:33	0.4			6:31	7:43	
26	Thu	6:37	2.6	7:18	3.4	12:51	0.4	12:43	0.3	6:32	7:42	
27	Fri	7:44	2.7	8:19	3.5	1:51	0.4	1:49	0.2	6:32	7:41	
28	Sat	8:45	2.9	9:15	3.5	2:48	0.3	2:51	0.2	6:33	7:39	
29	Sun	9:40	3.1	10:06	3.5	3:39	0.2	3:50	0.1	6:34	7:38	
30	Mon	10:31	3.3	10:53	3.4	4:25	0.1	4:42	0.1	6:35	7:36	
31	Tue	11:18	3.4	11:37	3.3	5:07	0.1	5:32	0.1	6:36	7:35	