US HARBORS www.USHarbors.com

Newport News, VA - Jul 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:22	2.3	7:01	3.0	12:35	0.2	12:20	0.1	5:49	8:29	
2	Sat	7:19	2.2	7:51	3.0	1:31	0.2	1:11	0.2	5:50	8:29	
3	Sun	8:10	2.3	8:38	3.0	2:24	0.2	2:01	0.2	5:50	8:29	
4	Mon	8:58	2.3	9:22	2.9	3:13	0.2	2:49	0.2	5:51	8:28	
5	Tue	9:45	2.4	10:03	2.9	3:57	0.2	3:36	0.2	5:52	8:28	
6	Wed	10:28	2.4	10:41	2.9	4:37	0.2	4:19	0.2	5:52	8:28	
7	Thu	11:08	2.4	11:18	2.9	5:13	0.2	4:58	0.2	5:53	8:28	
8	Fri	11:47	2.4	11:54	2.8	5:47	0.2	5:36	0.3	5:53	8:28	
9	Sat			12:26	2.4	6:20	0.2	6:15	0.3	5:54	8:27	
10	Sun	12:31	2.7	1:05	2.5	6:53	0.2	6:57	0.4	5:54	8:27	
11	Mon	1:09	2.6	1:44	2.5	7:27	0.3	7:42	0.4	5:55	8:27	
12	Tue	1:48	2.5	2:24	2.5	8:03	0.3	8:31	0.5	5:56	8:26	
13	Wed	2:28	2.4	3:04	2.6	8:42	0.3	9:23	0.5	5:56	8:26	
14	Thu	3:12	2.3	3:48	2.7	9:24	0.3	10:19	0.5	5:57	8:25	
15	Fri	4:01	2.3	4:40	2.8	10:12	0.3	11:20	0.4	5:58	8:25	
16	Sat	4:59	2.2	5:39	2.9	11:07	0.3			5:58	8:24	
17	Sun	6:04	2.2	6:41	3.0	12:22	0.4	12:06	0.2	5:59	8:24	
18	Mon	7:07	2.3	7:41	3.2	1:22	0.3	1:06	0.1	6:00	8:23	
19	Tue	8:07	2.4	8:39	3.3	2:21	0.2	2:07	0.1	6:01	8:23	
20	Wed	9:06	2.5	9:37	3.4	3:19	0.1	3:08	0.0	6:01	8:22	
21	Thu	10:04	2.7	10:33	3.5	4:12	0.0	4:08	-0.1	6:02	8:21	
22	Fri	10:59	2.8	11:26	3.4	5:02	-0.1	5:04	-0.2	6:03	8:21	
23	Sat	11:53	3.0			5:49	-0.1	6:00	-0.1	6:04	8:20	
24	Sun	12:18	3.3	12:47	3.1	6:37	-0.1	6:59	0.0	6:04	8:19	
25	Mon	1:10	3.1	1:42	3.1	7:27	-0.1	8:01	0.1	6:05	8:18	
26	Tue	2:02	2.9	2:37	3.1	8:17	0.0	9:04	0.2	6:06	8:18	
27	Wed	2:54	2.7	3:31	3.1	9:07	0.1	10:07	0.3	6:07	8:17	
28	Thu	3:47	2.5	4:29	3.0	9:59	0.2	11:11	0.4	6:08	8:16	
29	Fri	4:46	2.3	5:32	2.9	10:54	0.3			6:08	8:15	
30	Sat	5:52	2.2	6:35	2.9	12:13	0.4	11:50 AM	0.3	6:09	8:14	
31	Sun	6:54	2.2	7:30	2.9	1:09	0.4	12:46	0.4	6:10	8:13	