US HARBORS www.USHarbors.com

Newport News, VA - Jan 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:15	3.0	10:36	2.3	3:48	-0.5	4:43	-0.4	7:18	4:59	
2	Mon	11:05	3.0	11:28	2.3	4:39	-0.5	5:30	-0.4	7:19	5:00	
3	Tue	11:56	2.9			5:33	-0.5	6:19	-0.4	7:19	5:01	
4	Wed	12:23	2.4	12:48	2.7	6:33	-0.4	7:11	-0.4	7:19	5:02	
5	Thu	1:19	2.4	1:40	2.4	7:37	-0.3	8:03	-0.3	7:19	5:03	
6	Fri	2:16	2.4	2:34	2.2	8:43	-0.1	8:56	-0.3	7:19	5:04	
7	Sat	3:16	2.4	3:32	2.0	9:51	-0.1	9:51	-0.3	7:19	5:04	
8	Sun	4:24	2.4	4:39	1.8	10:59	0.0	10:49	-0.2	7:19	5:05	
9	Mon	5:33	2.4	5:45	1.8			12:02	0.0	7:19	5:06	
10	Tue	6:33	2.5	6:44	1.8			1:00	0.0	7:18	5:07	
11	Wed	7:26	2.5	7:37	1.8	12:41	-0.2	1:54	-0.1	7:18	5:08	
12	Thu	8:14	2.5	8:26	1.9	1:34	-0.2	2:42	-0.1	7:18	5:09	
13	Fri	8:57	2.5	9:11	2.0	2:23	-0.2	3:24	-0.2	7:18	5:10	
14	Sat	9:35	2.5	9:52	2.0	3:08	-0.3	4:01	-0.2	7:18	5:11	
15	Sun	10:11	2.5	10:30	2.0	3:48	-0.2	4:35	-0.2	7:17	5:12	
16	Mon	10:44	2.4	11:08	2.0	4:25	-0.2	5:07	-0.2	7:17	5:13	
17	Tue	11:19	2.3	11:45	2.0	5:01	-0.2	5:38	-0.2	7:17	5:14	
18	Wed	11:54	2.2			5:39	-0.1	6:10	-0.1	7:16	5:15	
19	Thu	12:23	2.0	12:30	2.1	6:21	0.0	6:43	-0.1	7:16	5:16	
20	Fri	1:01	2.0	1:08	2.0	7:06	0.1	7:19	-0.1	7:15	5:17	
21	Sat	1:40	2.0	1:49	1.8	7:55	0.1	8:00	0.0	7:15	5:18	
22	Sun	2:23	2.1	2:34	1.7	8:49	0.2	8:46	0.0	7:14	5:19	
23	Mon	3:13	2.1	3:28	1.6	9:50	0.2	9:41	0.0	7:14	5:20	
24	Tue	4:15	2.1	4:34	1.6	10:57	0.1	10:43	-0.1	7:13	5:22	
25	Wed	5:22	2.3	5:42	1.6			12:01	0.1	7:13	5:23	
26	Thu	6:25	2.5	6:43	1.8			1:00	-0.1	7:12	5:24	
27	Fri	7:23	2.6	7:41	1.9	12:46	-0.3	1:57	-0.2	7:11	5:25	
28	Sat	8:18	2.8	8:37	2.1	1:46	-0.4	2:49	-0.3	7:11	5:26	
29	Sun	9:11	3.0	9:30	2.3	2:44	-0.6	3:37	-0.5	7:10	5:27	
30	Mon	10:01	3.0	10:21	2.5	3:38	-0.6	4:22	-0.6	7:09	5:28	
31	Tue	10:49	2.9	11:11	2.6	4:30	-0.7	5:06	-0.6	7:08	5:29	