US HARBORS www.USHarbors.com

Newport News, VA - Mar 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:29	3.0	10:51	3.0	4:19	-0.6	4:39	-0.5	6:36	5:59	
2	Thu	11:16	2.8	11:40	3.0	5:10	-0.5	5:22	-0.5	6:34	6:00	
3	Fri			12:04	2.6	6:04	-0.4	6:09	-0.4	6:33	6:01	
4	Sat	12:31	2.9	12:53	2.4	7:01	-0.2	6:58	-0.2	6:32	6:02	
5	Sun	1:23	2.8	1:43	2.2	8:00	0.0	7:52	-0.1	6:30	6:03	
6	Mon	2:18	2.6	2:37	2.0	9:02	0.2	8:51	0.1	6:29	6:04	
7	Tue	3:20	2.4	3:40	1.9	10:09	0.3	9:56	0.2	6:27	6:05	
8	Wed	4:38	2.3	4:57	1.9	11:14	0.3	11:04	0.2	6:26	6:06	
9	Thu	5:52	2.3	6:05	1.9			12:13	0.3	6:25	6:07	
10	Fri	6:47	2.3	6:59	2.1	12:05	0.2	1:03	0.3	6:23	6:08	
11	Sat	7:32	2.4	7:45	2.2	12:59	0.1	1:47	0.2	6:22	6:09	
12	Sun	8:11	2.5	8:26	2.4	1:47	0.1	2:25	0.1	6:20	6:10	
13	Mon	8:47	2.5	9:03	2.5	2:31	0.0	2:58	0.1	6:19	6:11	
14	Tue	9:20	2.5	9:37	2.6	3:10	0.0	3:29	0.0	6:17	6:11	
15	Wed	9:52	2.5	10:09	2.7	3:46	-0.1	3:57	0.0	6:16	6:12	
16	Thu	10:24	2.5	10:41	2.7	4:20	0.0	4:25	0.0	6:14	6:13	
17	Fri	10:56	2.4	11:13	2.7	4:54	0.0	4:54	0.0	6:13	6:14	
18	Sat	11:31	2.3	11:49	2.7	5:29	0.1	5:25	0.1	6:11	6:15	
19	Sun			12:08	2.3	6:08	0.1	6:03	0.1	6:10	6:16	
20	Mon	12:29	2.7	12:50	2.2	6:53	0.2	6:47	0.2	6:08	6:17	
21	Tue	1:15	2.6	1:37	2.1	7:46	0.3	7:41	0.2	6:07	6:18	
22	Wed	2:08	2.6	2:31	2.1	8:47	0.3	8:43	0.2	6:06	6:19	
23	Thu	3:10	2.6	3:37	2.1	9:56	0.3	9:55	0.2	6:04	6:20	
24	Fri	4:24	2.6	4:54	2.2	11:06	0.3	11:10	0.1	6:03	6:20	
25	Sat	5:39	2.7	6:04	2.4			12:07	0.2	6:01	6:21	
26	Sun	6:42	2.9	7:04	2.7	12:18	0.0	1:02	0.0	6:00	6:22	
27	Mon	7:38	3.0	7:59	3.0	1:21	-0.2	1:53	-0.1	5:58	6:23	
28	Tue	8:31	3.1	8:51	3.2	2:20	-0.3	2:41	-0.2	5:57	6:24	
29	Wed	9:20	3.0	9:41	3.3	3:15	-0.4	3:27	-0.3	5:55	6:25	
30	Thu	10:07	3.0	10:28	3.4	4:05	-0.4	4:10	-0.3	5:54	6:26	
31	Fri	10:54	2.8	11:16	3.3	4:55	-0.3	4:54	-0.2	5:52	6:27	