US HARBORS www.USHarbors.com

Newport News, VA - Aug 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:38	2.3	3:10	2.7	8:41	0.4	9:41	0.6	6:11	8:13	
2	Wed	3:22	2.2	3:56	2.7	9:25	0.5	10:37	0.6	6:11	8:12	
3	Thu	4:12	2.1	4:50	2.8	10:16	0.5	11:38	0.6	6:12	8:11	
4	Fri	5:13	2.1	5:53	2.8	11:15	0.5			6:13	8:10	
5	Sat	6:20	2.2	6:55	3.0	12:38	0.5	12:17	0.4	6:14	8:09	
6	Sun	7:21	2.3	7:52	3.1	1:35	0.4	1:18	0.3	6:15	8:08	
7	Mon	8:18	2.5	8:47	3.3	2:29	0.3	2:17	0.2	6:16	8:06	
8	Tue	9:12	2.7	9:40	3.4	3:20	0.2	3:16	0.1	6:16	8:05	
9	Wed	10:05	2.9	10:30	3.5	4:08	0.1	4:12	0.0	6:17	8:04	
10	Thu	10:56	3.1	11:19	3.4	4:53	0.0	5:05	-0.1	6:18	8:03	
11	Fri	11:45	3.3			5:37	-0.1	5:58	0.0	6:19	8:02	
12	Sat	12:08	3.3	12:36	3.4	6:21	-0.1	6:54	0.0	6:20	8:01	
13	Sun	12:58	3.2	1:29	3.4	7:08	0.0	7:55	0.1	6:21	8:00	
14	Mon	1:50	2.9	2:23	3.4	7:58	0.0	8:58	0.3	6:21	7:58	
15	Tue	2:43	2.7	3:19	3.3	8:51	0.1	10:02	0.4	6:22	7:57	
16	Wed	3:38	2.5	4:20	3.2	9:48	0.2	11:09	0.5	6:23	7:56	
17	Thu	4:41	2.4	5:31	3.1	10:50	0.3			6:24	7:55	
18	Fri	5:54	2.4	6:42	3.0	12:14	0.5	11:55 AM	0.4	6:25	7:53	
19	Sat	7:02	2.4	7:40	3.0	1:13	0.5	12:57	0.4	6:25	7:52	
20	Sun	8:00	2.5	8:30	3.1	2:07	0.5	1:54	0.4	6:26	7:51	
21	Mon	8:50	2.7	9:14	3.1	2:55	0.4	2:46	0.4	6:27	7:50	
22	Tue	9:35	2.8	9:52	3.1	3:37	0.4	3:34	0.4	6:28	7:48	
23	Wed	10:16	2.9	10:27	3.1	4:14	0.3	4:17	0.4	6:29	7:47	
24	Thu	10:53	3.0	11:01	3.0	4:46	0.3	4:55	0.4	6:30	7:46	
25	Fri	11:27	3.0	11:34	2.9	5:16	0.3	5:31	0.4	6:30	7:44	
26	Sat			12:01	3.0	5:44	0.3	6:07	0.5	6:31	7:43	
27	Sun	12:08	2.8	12:35	3.0	6:11	0.4	6:44	0.5	6:32	7:41	
28	Mon	12:43	2.7	1:10	3.0	6:41	0.4	7:25	0.6	6:33	7:40	
29	Tue	1:21	2.6	1:48	3.0	7:16	0.5	8:10	0.7	6:34	7:39	
30	Wed	2:01	2.5	2:29	3.0	7:56	0.6	9:01	0.7	6:35	7:37	
31	Thu	2:45	2.4	3:15	3.0	8:43	0.6	9:58	0.8	6:35	7:36	