US HARBORS www.USHarbors.com

Newport News, VA - Jul 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:57	2.4	11:14	3.0	5:02	0.1	4:51	0.1	5:49	8:29	
2	Mon	11:39	2.5	11:55	3.0	5:40	0.1	5:35	0.1	5:50	8:29	
3	Tue			12:23	2.6	6:19	0.0	6:22	0.1	5:50	8:29	
4	Wed	12:39	3.0	1:10	2.7	7:01	0.0	7:15	0.2	5:51	8:29	
5	Thu	1:26	2.9	1:59	2.8	7:46	0.0	8:13	0.2	5:51	8:28	
6	Fri	2:15	2.8	2:49	2.9	8:33	0.0	9:14	0.2	5:52	8:28	
7	Sat	3:06	2.6	3:42	3.0	9:23	0.0	10:18	0.2	5:52	8:28	
8	Sun	4:02	2.5	4:41	3.0	10:17	0.0	11:26	0.2	5:53	8:28	
9	Mon	5:05	2.4	5:47	3.1	11:15	0.0			5:54	8:27	
10	Tue	6:13	2.3	6:53	3.2	12:32	0.2	12:16	0.0	5:54	8:27	
11	Wed	7:18	2.3	7:54	3.2	1:34	0.2	1:17	0.0	5:55	8:27	
12	Thu	8:19	2.4	8:52	3.2	2:33	0.1	2:17	0.0	5:55	8:26	
13	Fri	9:18	2.5	9:47	3.2	3:30	0.1	3:16	0.0	5:56	8:26	
14	Sat	10:12	2.6	10:37	3.2	4:21	0.0	4:11	0.0	5:57	8:25	
15	Sun	11:03	2.7	11:22	3.1	5:06	0.0	5:02	0.0	5:57	8:25	
16	Mon	11:50	2.7			5:48	0.0	5:49	0.1	5:58	8:24	
17	Tue	12:05	3.0	12:36	2.7	6:28	0.1	6:37	0.2	5:59	8:24	
18	Wed	12:47	2.8	1:21	2.7	7:08	0.1	7:26	0.3	6:00	8:23	
19	Thu	1:28	2.6	2:04	2.7	7:47	0.2	8:17	0.4	6:00	8:23	
20	Fri	2:09	2.5	2:46	2.7	8:25	0.3	9:08	0.5	6:01	8:22	
21	Sat	2:51	2.3	3:28	2.7	9:04	0.4	10:00	0.5	6:02	8:22	
22	Sun	3:36	2.2	4:13	2.6	9:45	0.4	10:56	0.6	6:02	8:21	
23	Mon	4:26	2.1	5:07	2.6	10:31	0.5	11:53	0.6	6:03	8:20	
24	Tue	5:26	2.0	6:06	2.7	11:24	0.5			6:04	8:19	
25	Wed	6:29	2.0	7:01	2.8	12:47	0.5	12:19	0.5	6:05	8:19	
26	Thu	7:24	2.1	7:51	2.9	1:37	0.5	1:13	0.4	6:06	8:18	
27	Fri	8:15	2.2	8:39	3.0	2:26	0.4	2:05	0.3	6:06	8:17	
28	Sat	9:03	2.4	9:25	3.1	3:12	0.3	2:57	0.3	6:07	8:16	
29	Sun	9:49	2.5	10:09	3.2	3:54	0.2	3:47	0.2	6:08	8:15	
30	Mon	10:33	2.7	10:51	3.2	4:34	0.1	4:34	0.1	6:09	8:15	
31	Tue	11:16	2.8	11:34	3.2	5:13	0.0	5:21	0.1	6:10	8:14	