US HARBORS www.USHarbors.com

Newport News, VA - Jan 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:52	2.1	3:56	1.7	10:22	0.2	10:16	0.0	7:18	4:59	
2	Wed	4:51	2.2	4:58	1.7	11:20	0.2	11:05	0.0	7:18	5:00	
3	Thu	5:47	2.2	5:55	1.7			12:13	0.2	7:19	5:01	
4	Fri	6:36	2.3	6:46	1.7			1:02	0.1	7:19	5:01	
5	Sat	7:21	2.4	7:33	1.8	12:41	0.0	1:49	0.0	7:19	5:02	
6	Sun	8:05	2.4	8:17	1.8	1:28	-0.1	2:32	0.0	7:19	5:03	
7	Mon	8:45	2.5	8:59	1.9	2:13	-0.2	3:11	-0.1	7:19	5:04	
8	Tue	9:24	2.6	9:39	2.0	2:56	-0.2	3:47	-0.2	7:19	5:05	
9	Wed	10:00	2.6	10:18	2.1	3:37	-0.3	4:22	-0.2	7:19	5:06	
10	Thu	10:37	2.6	10:57	2.1	4:16	-0.3	4:56	-0.3	7:19	5:07	
11	Fri	11:15	2.6	11:38	2.2	4:57	-0.3	5:33	-0.3	7:18	5:08	
12	Sat	11:57	2.5			5:41	-0.2	6:13	-0.3	7:18	5:09	
13	Sun	12:23	2.3	12:41	2.4	6:32	-0.2	6:57	-0.3	7:18	5:10	
14	Mon	1:10	2.3	1:29	2.2	7:29	-0.1	7:45	-0.3	7:18	5:11	
15	Tue	2:01	2.4	2:20	2.1	8:31	-0.1	8:37	-0.3	7:17	5:12	
16	Wed	2:57	2.4	3:19	1.9	9:39	0.0	9:37	-0.3	7:17	5:13	
17	Thu	4:04	2.4	4:29	1.8	10:51	0.0	10:42	-0.3	7:17	5:14	
18	Fri	5:18	2.5	5:42	1.8			12:00	-0.1	7:16	5:15	
19	Sat	6:28	2.6	6:48	1.9			1:04	-0.2	7:16	5:16	
20	Sun	7:30	2.7	7:50	2.0	12:51	-0.4	2:04	-0.3	7:16	5:17	
21	Mon	8:28	2.8	8:47	2.2	1:53	-0.5	2:57	-0.3	7:15	5:18	
22	Tue	9:19	2.8	9:38	2.3	2:50	-0.5	3:44	-0.4	7:15	5:19	
23	Wed	10:05	2.8	10:26	2.3	3:42	-0.5	4:27	-0.4	7:14	5:20	
24	Thu	10:48	2.7	11:12	2.4	4:30	-0.5	5:08	-0.4	7:13	5:21	
25	Fri	11:29	2.5	11:57	2.3	5:16	-0.4	5:47	-0.4	7:13	5:22	
26	Sat			12:09	2.3	6:03	-0.3	6:26	-0.3	7:12	5:23	
27	Sun	12:40	2.3	12:50	2.1	6:52	-0.1	7:06	-0.2	7:12	5:24	
28	Mon	1:23	2.2	1:31	1.9	7:42	0.0	7:46	-0.1	7:11	5:25	
29	Tue	2:06	2.1	2:13	1.8	8:33	0.1	8:28	0.0	7:10	5:26	
30	Wed	2:52	2.1	3:01	1.6	9:29	0.2	9:16	0.1	7:09	5:28	
31	Thu	3:47	2.0	3:59	1.5	10:30	0.2	10:12	0.1	7:09	5:29	