US HARBORS www.USHarbors.com

Newport News, VA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:07	2.1	12:21	2.3	6:06	0.0	6:36	-0.1	7:18	5:00	
2	Fri	12:48	2.1	1:03	2.2	6:53	0.0	7:17	-0.1	7:19	5:00	
3	Sat	1:31	2.2	1:47	2.1	7:47	0.1	8:03	-0.1	7:19	5:01	
4	Sun	2:19	2.2	2:37	2.0	8:46	0.1	8:54	-0.2	7:19	5:02	
5	Mon	3:14	2.3	3:36	1.9	9:53	0.1	9:51	-0.2	7:19	5:03	
6	Tue	4:18	2.4	4:44	1.8	11:03	0.0	10:54	-0.3	7:19	5:04	
7	Wed	5:27	2.5	5:53	1.9			12:10	-0.1	7:19	5:05	
8	Thu	6:32	2.7	6:56	2.0			1:12	-0.2	7:19	5:06	
9	Fri	7:34	2.9	7:57	2.1	12:59	-0.5	2:12	-0.3	7:19	5:06	
10	Sat	8:32	3.0	8:55	2.3	2:01	-0.6	3:06	-0.4	7:18	5:07	
11	Sun	9:27	3.0	9:49	2.4	2:59	-0.6	3:56	-0.5	7:18	5:08	
12	Mon	10:17	3.0	10:42	2.5	3:54	-0.7	4:42	-0.5	7:18	5:09	
13	Tue	11:06	2.9	11:33	2.5	4:47	-0.6	5:28	-0.5	7:18	5:10	
14	Wed	11:55	2.7			5:40	-0.5	6:15	-0.5	7:18	5:11	
15	Thu	12:26	2.5	12:43	2.4	6:37	-0.4	7:03	-0.4	7:17	5:12	
16	Fri	1:18	2.4	1:30	2.2	7:35	-0.2	7:51	-0.3	7:17	5:13	
17	Sat	2:09	2.4	2:17	2.0	8:34	-0.1	8:40	-0.2	7:17	5:14	
18	Sun	3:02	2.2	3:09	1.8	9:34	0.1	9:32	-0.1	7:16	5:15	
19	Mon	4:03	2.2	4:09	1.6	10:37	0.1	10:27	0.0	7:16	5:17	
20	Tue	5:09	2.1	5:16	1.6	11:36	0.1	11:23	0.0	7:15	5:18	
21	Wed	6:07	2.1	6:15	1.6			12:30	0.1	7:15	5:19	
22	Thu	6:58	2.2	7:07	1.7	12:15	0.0	1:20	0.1	7:14	5:20	
23	Fri	7:43	2.3	7:53	1.8	1:05	-0.1	2:05	0.0	7:14	5:21	
24	Sat	8:24	2.4	8:36	1.9	1:52	-0.1	2:45	-0.1	7:13	5:22	
25	Sun	9:02	2.4	9:16	2.0	2:36	-0.2	3:21	-0.2	7:12	5:23	
26	Mon	9:37	2.5	9:52	2.1	3:16	-0.2	3:53	-0.2	7:12	5:24	
27	Tue	10:10	2.5	10:27	2.1	3:53	-0.3	4:24	-0.3	7:11	5:25	
28	Wed	10:43	2.4	11:02	2.2	4:29	-0.3	4:54	-0.3	7:10	5:26	
29	Thu	11:18	2.4	11:38	2.3	5:06	-0.2	5:26	-0.3	7:10	5:27	
30	Fri	11:55	2.3			5:46	-0.2	6:02	-0.3	7:09	5:28	
31	Sat	12:18	2.3	12:36	2.2	6:31	-0.1	6:43	-0.3	7:08	5:29	