
































Newport News, VA - Jun 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:58	2.5	5:44	2.9	11:19	0.1			5:47	8:19	
2	Tue	6:03	2.4	6:44	3.0	12:08	0.2	12:12	0.1	5:47	8:20	
3	Wed	7:02	2.4	7:36	3.1	1:07	0.2	1:02	0.1	5:46	8:21	
4	Thu	7:53	2.4	8:23	3.1	2:01	0.2	1:50	0.2	5:46	8:21	
5	Fri	8:41	2.4	9:07	3.1	2:51	0.2	2:37	0.2	5:46	8:22	
6	Sat	9:27	2.4	9:49	3.0	3:37	0.2	3:23	0.2	5:46	8:22	
7	Sun	10:10	2.4	10:28	3.0	4:19	0.1	4:06	0.2	5:45	8:23	
8	Mon	10:51	2.4	11:06	2.9	4:57	0.1	4:45	0.2	5:45	8:23	
9	Tue	11:30	2.4	11:43	2.9	5:33	0.2	5:23	0.3	5:45	8:24	
10	Wed			12:10	2.4	6:08	0.2	6:01	0.3	5:45	8:24	
11	Thu	12:21	2.8	12:50	2.4	6:44	0.2	6:41	0.4	5:45	8:25	
12	Fri	1:00	2.7	1:31	2.4	7:21	0.3	7:26	0.4	5:45	8:25	
13	Sat	1:40	2.6	2:12	2.4	7:59	0.3	8:15	0.5	5:45	8:26	
14	Sun	2:22	2.5	2:53	2.5	8:38	0.3	9:07	0.5	5:45	8:26	
15	Mon	3:05	2.4	3:36	2.5	9:20	0.3	10:02	0.5	5:45	8:26	
16	Tue	3:52	2.3	4:25	2.6	10:06	0.3	11:02	0.4	5:45	8:27	
17	Wed	4:47	2.3	5:21	2.8	10:56	0.2			5:45	8:27	
18	Thu	5:48	2.2	6:20	2.9	12:03	0.4	11:51 AM	0.2	5:45	8:27	
19	Fri	6:49	2.3	7:17	3.1	1:02	0.3	12:47	0.1	5:46	8:28	
20	Sat	7:47	2.4	8:13	3.2	1:59	0.2	1:43	0.0	5:46	8:28	
21	Sun	8:44	2.5	9:10	3.4	2:57	0.0	2:42	-0.1	5:46	8:28	
22	Mon	9:41	2.6	10:06	3.4	3:52	-0.1	3:40	-0.1	5:46	8:28	
23	Tue	10:37	2.7	11:01	3.4	4:44	-0.1	4:37	-0.2	5:47	8:29	
24	Wed	11:31	2.8	11:54	3.4	5:34	-0.2	5:32	-0.2	5:47	8:29	
25	Thu			12:27	2.9	6:24	-0.2	6:30	-0.1	5:47	8:29	
26	Fri	12:49	3.2	1:24	2.9	7:15	-0.1	7:32	0.0	5:47	8:29	
27	Sat	1:43	3.0	2:20	3.0	8:08	-0.1	8:36	0.1	5:48	8:29	
28	Sun	2:36	2.8	3:16	3.0	9:00	0.0	9:40	0.2	5:48	8:29	
29	Mon	3:29	2.6	4:13	2.9	9:51	0.1	10:43	0.2	5:49	8:29	
30	Tue	4:26	2.4	5:14	2.9	10:44	0.1	11:46	0.3	5:49	8:29	