US HARBORS www.USHarbors.com

Newport News, VA - Sep 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:12	2.6	8:32	3.0	2:10	0.6	2:10	0.6	6:36	7:34	
2	Wed	8:55	2.8	9:10	3.1	2:49	0.5	2:56	0.5	6:37	7:32	
3	Thu	9:33	3.0	9:47	3.1	3:25	0.4	3:39	0.4	6:38	7:31	
4	Fri	10:09	3.1	10:22	3.1	3:58	0.3	4:19	0.4	6:39	7:29	
5	Sat	10:44	3.2	10:57	3.1	4:30	0.3	4:56	0.4	6:40	7:28	
6	Sun	11:17	3.3	11:32	3.0	5:01	0.3	5:33	0.4	6:40	7:27	
7	Mon	11:53	3.3			5:33	0.3	6:11	0.4	6:41	7:25	
8	Tue	12:10	2.9	12:31	3.3	6:08	0.3	6:54	0.5	6:42	7:24	
9	Wed	12:51	2.8	1:14	3.3	6:48	0.3	7:44	0.6	6:43	7:22	
10	Thu	1:37	2.7	2:03	3.3	7:35	0.4	8:42	0.6	6:44	7:21	
11	Fri	2:29	2.7	2:58	3.3	8:31	0.5	9:46	0.7	6:44	7:19	
12	Sat	3:26	2.6	4:00	3.2	9:34	0.5	10:55	0.6	6:45	7:18	
13	Sun	4:34	2.6	5:12	3.2	10:45	0.5			6:46	7:16	
14	Mon	5:51	2.7	6:26	3.3	12:03	0.6	11:59 AM	0.4	6:47	7:14	
15	Tue	7:02	2.9	7:30	3.4	1:03	0.5	1:07	0.3	6:48	7:13	
16	Wed	8:02	3.2	8:27	3.5	1:57	0.3	2:10	0.2	6:48	7:11	
17	Thu	8:57	3.4	9:19	3.5	2:48	0.2	3:09	0.2	6:49	7:10	
18	Fri	9:48	3.6	10:07	3.4	3:36	0.1	4:04	0.1	6:50	7:08	
19	Sat	10:36	3.7	10:53	3.3	4:20	0.1	4:54	0.1	6:51	7:07	
20	Sun	11:22	3.8	11:37	3.2	5:02	0.1	5:42	0.2	6:52	7:05	
21	Mon			12:06	3.7	5:43	0.2	6:29	0.3	6:53	7:04	
22	Tue	12:21	3.0	12:52	3.5	6:24	0.3	7:19	0.5	6:53	7:02	
23	Wed	1:07	2.9	1:39	3.4	7:08	0.4	8:12	0.6	6:54	7:01	
24	Thu	1:55	2.7	2:27	3.2	7:57	0.6	9:07	0.7	6:55	6:59	
25	Fri	2:45	2.6	3:17	3.0	8:50	0.7	10:03	0.8	6:56	6:58	
26	Sat	3:38	2.5	4:12	2.9	9:49	0.8	11:01	0.8	6:57	6:56	
27	Sun	4:41	2.4	5:17	2.9	10:52	0.8	11:56	0.8	6:57	6:55	
28	Mon	5:52	2.5	6:20	2.9	11:55	0.8			6:58	6:53	
29	Tue	6:51	2.6	7:10	2.9	12:44	0.8	12:51	0.8	6:59	6:52	
30	Wed	7:38	2.8	7:53	3.0	1:25	0.7	1:40	0.7	7:00	6:50	