US HARBORS www.USHarbors.com

Newport News, VA - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:19	3.0	8:33	3.0	2:03	0.6	2:27	0.6	7:01	6:49	
2	Fri	8:57	3.2	9:12	3.1	2:40	0.5	3:11	0.5	7:02	6:47	
3	Sat	9:34	3.3	9:50	3.1	3:16	0.4	3:53	0.4	7:03	6:46	
4	Sun	10:10	3.5	10:27	3.1	3:52	0.3	4:33	0.4	7:03	6:44	
5	Mon	10:46	3.5	11:06	3.0	4:27	0.3	5:12	0.4	7:04	6:43	
6	Tue	11:25	3.6	11:46	3.0	5:04	0.3	5:52	0.4	7:05	6:41	
7	Wed			12:07	3.6	5:43	0.3	6:37	0.5	7:06	6:40	
8	Thu	12:31	2.9	12:55	3.5	6:26	0.3	7:30	0.5	7:07	6:38	
9	Fri	1:21	2.8	1:48	3.4	7:18	0.4	8:30	0.6	7:08	6:37	
10	Sat	2:17	2.7	2:46	3.3	8:19	0.5	9:34	0.6	7:09	6:36	
11	Sun	3:18	2.7	3:49	3.3	9:28	0.5	10:40	0.6	7:10	6:34	
12	Mon	4:27	2.7	4:59	3.2	10:42	0.5	11:44	0.5	7:10	6:33	
13	Tue	5:44	2.9	6:12	3.2	11:55	0.5			7:11	6:31	
14	Wed	6:52	3.1	7:14	3.2	12:41	0.4	1:02	0.4	7:12	6:30	
15	Thu	7:50	3.3	8:08	3.2	1:33	0.3	2:02	0.3	7:13	6:29	
16	Fri	8:41	3.6	8:58	3.2	2:21	0.2	2:59	0.2	7:14	6:27	
17	Sat	9:29	3.7	9:45	3.2	3:08	0.1	3:51	0.2	7:15	6:26	
18	Sun	10:15	3.7	10:30	3.1	3:53	0.1	4:38	0.2	7:16	6:25	
19	Mon	10:58	3.7	11:12	3.0	4:35	0.1	5:22	0.2	7:17	6:23	
20	Tue	11:39	3.6	11:55	2.9	5:14	0.2	6:05	0.3	7:18	6:22	
21	Wed			12:21	3.4	5:54	0.3	6:49	0.5	7:19	6:21	
22	Thu	12:38	2.7	1:04	3.2	6:35	0.4	7:37	0.6	7:20	6:20	
23	Fri	1:24	2.6	1:50	3.1	7:20	0.6	8:27	0.7	7:21	6:18	
24	Sat	2:13	2.5	2:37	2.9	8:11	0.7	9:18	0.7	7:22	6:17	
25	Sun	3:04	2.4	3:26	2.8	9:08	0.8	10:10	0.7	7:23	6:16	
26	Mon	3:58	2.4	4:20	2.7	10:09	0.8	11:01	0.7	7:24	6:15	
27	Tue	5:00	2.5	5:20	2.7	11:13	0.8	11:48	0.7	7:25	6:14	
28	Wed	6:02	2.6	6:18	2.7			12:13	0.7	7:26	6:12	
29	Thu	6:53	2.8	7:07	2.7	12:32	0.6	1:05	0.6	7:27	6:11	
30	Fri	7:36	2.9	7:51	2.7	1:13	0.5	1:54	0.5	7:28	6:10	
31	Sat	8:17	3.1	8:34	2.8	1:52	0.4	2:40	0.4	7:29	6:09	