US HARBORS www.USHarbors.com

Newport News, VA - Dec 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:11	3.2	8:35	2.4	1:43	-0.1	2:49	0.0	7:00	4:49	
2	Wed	9:00	3.3	9:24	2.5	2:33	-0.2	3:37	-0.1	7:01	4:49	
3	Thu	9:49	3.3	10:14	2.5	3:23	-0.3	4:24	-0.1	7:02	4:49	
4	Fri	10:39	3.3	11:06	2.5	4:13	-0.3	5:12	-0.1	7:03	4:48	
5	Sat	11:31	3.2			5:05	-0.2	6:04	-0.1	7:04	4:48	
6	Sun	12:01	2.5	12:26	3.0	6:03	-0.2	6:59	-0.1	7:04	4:48	
7	Mon	1:00	2.5	1:22	2.8	7:07	-0.1	7:55	-0.1	7:05	4:48	
8	Tue	1:59	2.6	2:18	2.6	8:15	0.0	8:51	-0.1	7:06	4:48	
9	Wed	3:02	2.6	3:17	2.4	9:24	0.1	9:47	-0.1	7:07	4:49	
10	Thu	4:09	2.6	4:23	2.2	10:34	0.1	10:44	-0.1	7:08	4:49	
11	Fri	5:17	2.7	5:29	2.2	11:38	0.1	11:38	-0.1	7:08	4:49	
12	Sat	6:16	2.8	6:26	2.1			12:37	0.1	7:09	4:49	
13	Sun	7:07	2.8	7:18	2.1	12:29	-0.1	1:31	0.0	7:10	4:49	
14	Mon	7:55	2.9	8:06	2.2	1:19	-0.1	2:21	0.0	7:11	4:50	
15	Tue	8:39	2.9	8:51	2.2	2:07	-0.1	3:05	-0.1	7:11	4:50	
16	Wed	9:20	2.8	9:33	2.2	2:52	-0.1	3:45	-0.1	7:12	4:50	
17	Thu	9:57	2.8	10:13	2.2	3:33	-0.1	4:22	-0.1	7:13	4:50	
18	Fri	10:33	2.7	10:52	2.1	4:11	-0.1	4:57	-0.1	7:13	4:51	
19	Sat	11:09	2.6	11:31	2.1	4:47	0.0	5:32	0.0	7:14	4:51	
20	Sun	11:47	2.5			5:25	0.0	6:07	0.0	7:14	4:52	
21	Mon	12:11	2.1	12:25	2.4	6:06	0.1	6:44	0.0	7:15	4:52	
22	Tue	12:52	2.1	1:05	2.2	6:51	0.2	7:22	0.0	7:15	4:53	
23	Wed	1:33	2.1	1:46	2.1	7:41	0.2	8:02	0.1	7:16	4:53	
24	Thu	2:16	2.1	2:30	2.0	8:35	0.3	8:46	0.0	7:16	4:54	
25	Fri	3:04	2.1	3:20	1.9	9:34	0.3	9:35	0.0	7:17	4:54	
26	Sat	3:59	2.2	4:20	1.8	10:38	0.2	10:29	0.0	7:17	4:55	
27	Sun	5:00	2.3	5:23	1.8	11:40	0.1	11:26	-0.1	7:17	4:56	
28	Mon	6:00	2.5	6:23	1.9			12:38	0.0	7:18	4:56	
29	Tue	6:56	2.7	7:19	2.0	12:22	-0.2	1:35	-0.1	7:18	4:57	
30	Wed	7:51	2.9	8:14	2.1	1:19	-0.3	2:29	-0.2	7:18	4:58	
31	Thu	8:45	3.0	9:09	2.3	2:16	-0.5	3:20	-0.3	7:18	4:59	