US HARBORS www.USHarbors.com

Newport News, VA - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:37	3.1	10:01	2.4	3:12	-0.6	4:07	-0.5	7:18	4:59	
2	Sat	10:27	3.1	10:53	2.5	4:04	-0.6	4:54	-0.5	7:19	5:00	
3	Sun	11:17	3.0	11:46	2.6	4:57	-0.6	5:42	-0.5	7:19	5:01	
4	Mon			12:08	2.8	5:54	-0.5	6:32	-0.5	7:19	5:02	
5	Tue	12:42	2.6	1:00	2.6	6:54	-0.4	7:24	-0.4	7:19	5:03	
6	Wed	1:38	2.6	1:52	2.3	7:57	-0.2	8:17	-0.3	7:19	5:04	
7	Thu	2:35	2.5	2:47	2.1	9:02	-0.1	9:12	-0.3	7:19	5:04	
8	Fri	3:37	2.4	3:47	1.9	10:09	0.0	10:10	-0.2	7:19	5:05	
9	Sat	4:47	2.4	4:56	1.8	11:14	0.0	11:09	-0.2	7:19	5:06	
10	Sun	5:53	2.4	6:01	1.8			12:14	0.0	7:18	5:07	
11	Mon	6:48	2.4	6:57	1.8	12:06	-0.2	1:09	0.0	7:18	5:08	
12	Tue	7:38	2.4	7:47	1.9	12:59	-0.2	1:59	-0.1	7:18	5:09	
13	Wed	8:22	2.5	8:33	1.9	1:49	-0.2	2:43	-0.1	7:18	5:10	
14	Thu	9:01	2.5	9:15	2.0	2:35	-0.2	3:22	-0.2	7:18	5:11	
15	Fri	9:37	2.5	9:53	2.1	3:16	-0.2	3:57	-0.2	7:17	5:12	
16	Sat	10:11	2.5	10:29	2.1	3:53	-0.2	4:28	-0.2	7:17	5:13	
17	Sun	10:44	2.4	11:04	2.1	4:29	-0.2	4:59	-0.2	7:17	5:14	
18	Mon	11:18	2.3	11:39	2.1	5:04	-0.2	5:29	-0.2	7:16	5:15	
19	Tue	11:53	2.2			5:41	-0.1	6:01	-0.2	7:16	5:16	
20	Wed	12:15	2.1	12:30	2.1	6:21	0.0	6:36	-0.2	7:15	5:17	
21	Thu	12:54	2.1	1:09	2.0	7:06	0.0	7:15	-0.1	7:15	5:18	
22	Fri	1:35	2.1	1:52	1.9	7:56	0.1	8:00	-0.1	7:14	5:19	
23	Sat	2:20	2.1	2:40	1.8	8:53	0.1	8:51	-0.1	7:14	5:20	
24	Sun	3:14	2.2	3:39	1.7	9:58	0.1	9:51	-0.1	7:13	5:22	
25	Mon	4:20	2.2	4:48	1.7	11:07	0.1	10:56	-0.2	7:13	5:23	
26	Tue	5:30	2.4	5:56	1.8			12:12	0.0	7:12	5:24	
27	Wed	6:34	2.6	6:59	2.0	12:01	-0.3	1:11	-0.2	7:11	5:25	
28	Thu	7:34	2.8	7:57	2.2	1:03	-0.4	2:07	-0.3	7:11	5:26	
29	Fri	8:29	2.9	8:53	2.4	2:03	-0.6	2:59	-0.5	7:10	5:27	
30	Sat	9:22	3.0	9:45	2.6	3:00	-0.7	3:46	-0.6	7:09	5:28	
31	Sun	10:11	3.0	10:36	2.7	3:54	-0.7	4:31	-0.6	7:08	5:29	