

































Newport News, VA - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:52	3.0	10:16	3.1	3:42	-0.6	4:05	-0.5	6:36	5:59	
2	Tue	10:39	2.9	11:05	3.1	4:33	-0.6	4:49	-0.5	6:34	6:00	
3	Wed	11:25	2.7	11:54	3.0	5:24	-0.4	5:34	-0.4	6:33	6:01	
4	Thu			12:13	2.5	6:16	-0.3	6:22	-0.3	6:32	6:02	
5	Fri	12:45	2.9	1:02	2.3	7:11	-0.1	7:13	-0.1	6:30	6:03	
6	Sat	1:37	2.7	1:51	2.1	8:09	0.1	8:08	0.0	6:29	6:04	
7	Sun	2:31	2.5	2:45	2.0	9:09	0.2	9:08	0.1	6:27	6:05	
8	Mon	3:33	2.3	3:49	1.9	10:12	0.3	10:13	0.2	6:26	6:06	
9	Tue	4:47	2.2	5:04	1.9	11:13	0.3	11:17	0.2	6:25	6:07	
10	Wed	5:53	2.2	6:08	2.0			12:07	0.3	6:23	6:08	
11	Thu	6:44	2.3	6:58	2.1	12:13	0.2	12:54	0.3	6:22	6:09	
12	Fri	7:27	2.4	7:42	2.3	1:04	0.1	1:35	0.2	6:20	6:10	
13	Sat	8:06	2.5	8:21	2.4	1:50	0.1	2:13	0.1	6:19	6:11	
14	Sun	9:43	2.5	9:57	2.6	3:33	0.0	3:48	0.0	7:17	7:12	
15	Mon	10:18	2.5	10:31	2.7	4:12	0.0	4:20	0.0	7:16	7:12	
16	Tue	10:51	2.5	11:04	2.7	4:48	-0.1	4:51	-0.1	7:14	7:13	
17	Wed	11:25	2.5	11:37	2.8	5:22	-0.1	5:21	-0.1	7:13	7:14	
18	Thu	11:59	2.5			5:56	0.0	5:54	0.0	7:11	7:15	
19	Fri	12:12	2.8	12:36	2.4	6:34	0.0	6:31	0.0	7:10	7:16	
20	Sat	12:51	2.8	1:18	2.3	7:16	0.1	7:14	0.0	7:08	7:17	
21	Sun	1:36	2.7	2:04	2.3	8:06	0.2	8:04	0.1	7:07	7:18	
22	Mon	2:26	2.7	2:55	2.2	9:03	0.3	9:03	0.1	7:05	7:19	
23	Tue	3:23	2.7	3:55	2.2	10:08	0.3	10:09	0.1	7:04	7:20	
24	Wed	4:29	2.6	5:05	2.2	11:16	0.3	11:23	0.1	7:02	7:20	
25	Thu	5:44	2.7	6:19	2.4			12:22	0.2	7:01	7:21	
26	Fri	6:55	2.8	7:24	2.7	12:34	0.0	1:20	0.1	7:00	7:22	
27	Sat	7:55	2.9	8:22	2.9	1:39	-0.1	2:14	-0.1	6:58	7:23	
28	Sun	8:51	2.9	9:16	3.2	2:39	-0.2	3:05	-0.2	6:57	7:24	
29	Mon	9:43	3.0	10:07	3.3	3:37	-0.3	3:53	-0.3	6:55	7:25	
30	Tue	10:31	3.0	10:55	3.4	4:29	-0.4	4:39	-0.3	6:54	7:26	
31	Wed	11:17	2.9	11:41	3.3	5:18	-0.3	5:22	-0.2	6:52	7:27	