US HARBORS www.USHarbors.com

Newport News, VA - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**9:52**	3.0	**10:16**	3.1	**3:42**	-0.6	**4:05**	-0.5	6:36	5:59	
2	Tue	**10:39**	2.9	**11:05**	3.1	**4:33**	-0.6	**4:49**	-0.5	6:34	6:00	
3	Wed	**11:25**	2.7	**11:54**	3.0	**5:24**	-0.4	**5:34**	-0.4	6:33	6:01	
4	Thu			**12:13**	2.5	**6:16**	-0.3	**6:22**	-0.3	6:32	6:02	
5	Fri	**12:45**	2.9	**1:02**	2.3	**7:11**	-0.1	**7:13**	-0.1	6:30	6:03	
6	Sat	**1:37**	2.7	**1:51**	2.1	**8:09**	0.1	**8:08**	0.0	6:29	6:04	
7	Sun	**2:31**	2.5	**2:45**	2.0	**9:09**	0.2	**9:08**	0.1	6:27	6:05	
8	Mon	**3:33**	2.3	**3:49**	1.9	**10:12**	0.3	**10:13**	0.2	6:26	6:06	
9	Tue	**4:47**	2.2	**5:04**	1.9	**11:13**	0.3	**11:17**	0.2	6:25	6:07	
10	Wed	**5:53**	2.2	**6:08**	2.0			**12:07**	0.3	6:23	6:08	
11	Thu	**6:44**	2.3	**6:58**	2.1	**12:13**	0.2	**12:54**	0.3	6:22	6:09	
12	Fri	**7:27**	2.4	**7:42**	2.3	**1:04**	0.1	**1:35**	0.2	6:20	6:10	
13	Sat	**8:06**	2.5	**8:21**	2.4	**1:50**	0.1	**2:13**	0.1	6:19	6:11	
14	Sun	**9:43**	2.5	**9:57**	2.6	**3:33**	0.0	**3:48**	0.0	7:17	7:12	
15	Mon	**10:18**	2.5	**10:31**	2.7	**4:12**	0.0	**4:20**	0.0	7:16	7:12	
16	Tue	**10:51**	2.5	**11:04**	2.7	**4:48**	-0.1	**4:51**	-0.1	7:14	7:13	
17	Wed	**11:25**	2.5	**11:37**	2.8	**5:22**	-0.1	**5:21**	-0.1	7:13	7:14	
18	Thu	**11:59**	2.5			**5:56**	0.0	**5:54**	0.0	7:11	7:15	
19	Fri	**12:12**	2.8	**12:36**	2.4	**6:34**	0.0	**6:31**	0.0	7:10	7:16	
20	Sat	**12:51**	2.8	**1:18**	2.3	**7:16**	0.1	**7:14**	0.0	7:08	7:17	
21	Sun	**1:36**	2.7	**2:04**	2.3	**8:06**	0.2	**8:04**	0.1	7:07	7:18	
22	Mon	**2:26**	2.7	**2:55**	2.2	**9:03**	0.3	**9:03**	0.1	7:05	7:19	
23	Tue	**3:23**	2.7	**3:55**	2.2	**10:08**	0.3	**10:09**	0.1	7:04	7:20	
24	Wed	**4:29**	2.6	**5:05**	2.2	**11:16**	0.3	**11:23**	0.1	7:02	7:20	
25	Thu	**5:44**	2.7	**6:19**	2.4			**12:22**	0.2	7:01	7:21	
26	Fri	**6:55**	2.8	**7:24**	2.7	**12:34**	0.0	**1:20**	0.1	7:00	7:22	
27	Sat	**7:55**	2.9	**8:22**	2.9	**1:39**	-0.1	**2:14**	-0.1	6:58	7:23	
28	Sun	**8:51**	2.9	**9:16**	3.2	**2:39**	-0.2	**3:05**	-0.2	6:57	7:24	
29	Mon	**9:43**	3.0	**10:07**	3.3	**3:37**	-0.3	**3:53**	-0.3	6:55	7:25	
30	Tue	**10:31**	3.0	**10:55**	3.4	**4:29**	-0.4	**4:39**	-0.3	6:54	7:26	
31	Wed	**11:17**	2.9	**11:41**	3.3	**5:18**	-0.3	**5:22**	-0.2	6:52	7:27	