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# Newport News, VA - May 2010

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 12:04 | 3.2 | 12:27 | 2.6 | 6:31 | 0.1 | 6:26 | 0.2 | 6:11 | 7:54 | |
| 2 | Sun | 12:49 | 3.0 | 1:14 | 2.5 | 7:18 | 0.2 | 7:14 | 0.3 | 6:10 | 7:55 | |
| 3 | Mon | 1:36 | 2.8 | 2:02 | 2.4 | 8:06 | 0.3 | 8:07 | 0.4 | 6:08 | 7:56 | |
| 4 | Tue | 2:22 | 2.7 | 2:50 | 2.4 | 8:55 | 0.4 | 9:02 | 0.5 | 6:07 | 7:57 | |
| 5 | Wed | 3:10 | 2.5 | 3:40 | 2.3 | 9:43 | 0.5 | 10:00 | 0.6 | 6:06 | 7:58 | |
| 6 | Thu | 4:01 | 2.4 | 4:35 | 2.4 | 10:31 | 0.5 | 11:01 | 0.6 | 6:05 | 7:58 | |
| 7 | Fri | 4:58 | 2.3 | 5:34 | 2.4 | 11:20 | 0.5 | | | 6:04 | 7:59 | |
| 8 | Sat | 5:58 | 2.3 | 6:29 | 2.6 | 12:00 | 0.5 | 12:06 | 0.5 | 6:03 | 8:00 | |
| 9 | Sun | 6:52 | 2.3 | 7:16 | 2.7 | 12:53 | 0.5 | 12:49 | 0.4 | 6:02 | 8:01 | |
| 10 | Mon | 7:39 | 2.4 | 7:58 | 2.9 | 1:42 | 0.4 | 1:32 | 0.3 | 6:01 | 8:02 | |
| 11 | Tue | 8:24 | 2.4 | 8:39 | 3.0 | 2:28 | 0.3 | 2:14 | 0.3 | 6:00 | 8:03 | |
| 12 | Wed | 9:07 | 2.5 | 9:21 | 3.1 | 3:14 | 0.2 | 2:58 | 0.2 | 6:00 | 8:04 | |
| 13 | Thu | 9:50 | 2.5 | 10:03 | 3.2 | 3:57 | 0.1 | 3:42 | 0.1 | 5:59 | 8:04 | |
| 14 | Fri | 10:32 | 2.6 | 10:46 | 3.2 | 4:38 | 0.1 | 4:25 | 0.1 | 5:58 | 8:05 | |
| 15 | Sat | 11:16 | 2.6 | 11:30 | 3.2 | 5:20 | 0.1 | 5:09 | 0.0 | 5:57 | 8:06 | |
| 16 | Sun | | | 12:01 | 2.6 | 6:03 | 0.1 | 5:55 | 0.1 | 5:56 | 8:07 | |
| 17 | Mon | 12:17 | 3.2 | 12:51 | 2.6 | 6:50 | 0.1 | 6:47 | 0.1 | 5:55 | 8:08 | |
| 18 | Tue | 1:09 | 3.1 | 1:44 | 2.6 | 7:43 | 0.1 | 7:46 | 0.1 | 5:55 | 8:09 | |
| 19 | Wed | 2:03 | 3.0 | 2:40 | 2.7 | 8:38 | 0.1 | 8:51 | 0.2 | 5:54 | 8:09 | |
| 20 | Thu | 2:59 | 2.9 | 3:38 | 2.8 | 9:34 | 0.1 | 9:58 | 0.2 | 5:53 | 8:10 | |
| 21 | Fri | 3:57 | 2.8 | 4:41 | 2.9 | 10:30 | 0.1 | 11:07 | 0.2 | 5:53 | 8:11 | |
| 22 | Sat | 5:02 | 2.6 | 5:47 | 3.0 | 11:28 | 0.1 | | | 5:52 | 8:12 | |
| 23 | Sun | 6:10 | 2.6 | 6:50 | 3.1 | 12:14 | 0.2 | 12:23 | 0.1 | 5:51 | 8:13 | |
| 24 | Mon | 7:11 | 2.6 | 7:46 | 3.2 | 1:15 | 0.1 | 1:17 | 0.0 | 5:51 | 8:13 | |
| 25 | Tue | 8:07 | 2.6 | 8:38 | 3.3 | 2:13 | 0.1 | 2:09 | 0.0 | 5:50 | 8:14 | |
| 26 | Wed | 9:00 | 2.6 | 9:28 | 3.3 | 3:08 | 0.0 | 3:01 | 0.0 | 5:50 | 8:15 | |
| 27 | Thu | 9:50 | 2.6 | 10:15 | 3.3 | 3:59 | 0.0 | 3:51 | 0.0 | 5:49 | 8:16 | |
| 28 | Fri | 10:37 | 2.6 | 10:59 | 3.2 | 4:45 | 0.0 | 4:37 | 0.1 | 5:49 | 8:16 | |
| 29 | Sat | 11:22 | 2.6 | 11:41 | 3.1 | 5:27 | 0.1 | 5:20 | 0.1 | 5:48 | 8:17 | |
| 30 | Sun | | | 12:06 | 2.5 | 6:08 | 0.1 | 6:03 | 0.2 | 5:48 | 8:18 | |
| 31 | Mon | 12:23 | 2.9 | 12:50 | 2.5 | 6:49 | 0.2 | 6:47 | 0.3 | 5:47 | 8:18 | |