US HARBORS www.USHarbors.com

Newport News, VA - Jun 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:05	2.8	1:35	2.4	7:31	0.3	7:36	0.4	5:47	8:19	
2	Wed	1:48	2.6	2:20	2.4	8:13	0.3	8:27	0.5	5:47	8:20	
3	Thu	2:31	2.5	3:04	2.4	8:55	0.4	9:20	0.5	5:46	8:20	
4	Fri	3:15	2.4	3:49	2.4	9:36	0.4	10:15	0.5	5:46	8:21	
5	Sat	4:03	2.3	4:38	2.5	10:19	0.4	11:13	0.5	5:46	8:22	
6	Sun	4:57	2.2	5:31	2.6	11:05	0.4			5:46	8:22	
7	Mon	5:55	2.2	6:24	2.7	12:09	0.5	11:53 AM	0.3	5:46	8:23	
8	Tue	6:50	2.2	7:14	2.8	1:01	0.4	12:42	0.3	5:45	8:23	
9	Wed	7:41	2.2	8:01	3.0	1:51	0.3	1:31	0.2	5:45	8:24	
10	Thu	8:30	2.3	8:49	3.1	2:41	0.2	2:21	0.1	5:45	8:24	
11	Fri	9:19	2.4	9:37	3.2	3:30	0.1	3:12	0.1	5:45	8:25	
12	Sat	10:08	2.5	10:26	3.3	4:17	0.0	4:03	0.0	5:45	8:25	
13	Sun	10:57	2.6	11:14	3.3	5:02	0.0	4:53	-0.1	5:45	8:26	
14	Mon	11:46	2.7			5:47	-0.1	5:44	-0.1	5:45	8:26	
15	Tue	12:04	3.3	12:38	2.8	6:35	-0.1	6:39	0.0	5:45	8:26	
16	Wed	12:56	3.2	1:33	2.8	7:25	-0.1	7:39	0.0	5:45	8:27	
17	Thu	1:50	3.0	2:28	2.9	8:17	0.0	8:43	0.1	5:45	8:27	
18	Fri	2:44	2.8	3:24	3.0	9:11	0.0	9:49	0.1	5:45	8:27	
19	Sat	3:39	2.6	4:24	3.0	10:04	0.0	10:55	0.2	5:46	8:28	
20	Sun	4:39	2.5	5:28	3.0	11:00	0.0			5:46	8:28	
21	Mon	5:46	2.4	6:32	3.1	12:00	0.2	11:57 AM	0.1	5:46	8:28	
22	Tue	6:50	2.3	7:30	3.1	1:01	0.2	12:53	0.1	5:46	8:28	
23	Wed	7:48	2.3	8:22	3.1	1:58	0.1	1:48	0.1	5:46	8:29	
24	Thu	8:42	2.4	9:12	3.1	2:52	0.1	2:41	0.1	5:47	8:29	
25	Fri	9:33	2.4	9:58	3.1	3:42	0.1	3:32	0.1	5:47	8:29	
26	Sat	10:19	2.5	10:40	3.0	4:26	0.1	4:19	0.1	5:47	8:29	
27	Sun	11:03	2.5	11:18	2.9	5:06	0.1	5:01	0.2	5:48	8:29	
28	Mon	11:44	2.5	11:56	2.8	5:43	0.1	5:42	0.2	5:48	8:29	
29	Tue			12:24	2.5	6:18	0.1	6:22	0.3	5:49	8:29	
30	Wed	12:34	2.7	1:04	2.5	6:53	0.2	7:05	0.4	5:49	8:29	