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# Newport News, VA - Jul 2013

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 4:46 | 2.4 | 5:32 | 2.8 | 11:01 | 0.2 | | | 5:50 | 8:29 | |
| 2 | Tue | 5:49 | 2.3 | 6:31 | 2.8 | 12:04 | 0.3 | 11:53 AM | 0.2 | 5:50 | 8:29 | |
| 3 | Wed | 6:48 | 2.2 | 7:22 | 2.8 | 12:59 | 0.3 | 12:44 | 0.2 | 5:51 | 8:29 | |
| 4 | Thu | 7:39 | 2.3 | 8:07 | 2.8 | 1:49 | 0.3 | 1:32 | 0.2 | 5:51 | 8:28 | |
| 5 | Fri | 8:27 | 2.3 | 8:49 | 2.9 | 2:36 | 0.3 | 2:19 | 0.2 | 5:52 | 8:28 | |
| 6 | Sat | 9:12 | 2.4 | 9:29 | 2.9 | 3:20 | 0.2 | 3:04 | 0.2 | 5:52 | 8:28 | |
| 7 | Sun | 9:55 | 2.5 | 10:07 | 2.9 | 4:00 | 0.2 | 3:47 | 0.2 | 5:53 | 8:28 | |
| 8 | Mon | 10:35 | 2.5 | 10:44 | 2.9 | 4:36 | 0.1 | 4:27 | 0.2 | 5:53 | 8:28 | |
| 9 | Tue | 11:13 | 2.6 | 11:19 | 2.9 | 5:10 | 0.1 | 5:05 | 0.2 | 5:54 | 8:27 | |
| 10 | Wed | 11:50 | 2.6 | 11:54 | 2.8 | 5:42 | 0.1 | 5:43 | 0.2 | 5:54 | 8:27 | |
| 11 | Thu | | | 12:27 | 2.6 | 6:14 | 0.1 | 6:22 | 0.3 | 5:55 | 8:26 | |
| 12 | Fri | 12:31 | 2.8 | 1:05 | 2.7 | 6:48 | 0.1 | 7:05 | 0.3 | 5:56 | 8:26 | |
| 13 | Sat | 1:11 | 2.7 | 1:46 | 2.7 | 7:25 | 0.1 | 7:53 | 0.3 | 5:56 | 8:26 | |
| 14 | Sun | 1:53 | 2.6 | 2:29 | 2.8 | 8:07 | 0.2 | 8:45 | 0.3 | 5:57 | 8:25 | |
| 15 | Mon | 2:39 | 2.5 | 3:15 | 2.8 | 8:54 | 0.2 | 9:42 | 0.3 | 5:58 | 8:25 | |
| 16 | Tue | 3:29 | 2.5 | 4:08 | 2.9 | 9:45 | 0.2 | 10:44 | 0.3 | 5:58 | 8:24 | |
| 17 | Wed | 4:26 | 2.4 | 5:09 | 3.0 | 10:43 | 0.1 | 11:50 | 0.3 | 5:59 | 8:24 | |
| 18 | Thu | 5:33 | 2.4 | 6:15 | 3.1 | 11:46 | 0.1 | | | 6:00 | 8:23 | |
| 19 | Fri | 6:41 | 2.5 | 7:19 | 3.3 | 12:53 | 0.2 | 12:50 | 0.0 | 6:01 | 8:22 | |
| 20 | Sat | 7:45 | 2.6 | 8:19 | 3.4 | 1:54 | 0.1 | 1:52 | -0.1 | 6:01 | 8:22 | |
| 21 | Sun | 8:45 | 2.8 | 9:17 | 3.5 | 2:52 | 0.0 | 2:54 | -0.1 | 6:02 | 8:21 | |
| 22 | Mon | 9:44 | 2.9 | 10:12 | 3.5 | 3:47 | -0.1 | 3:53 | -0.2 | 6:03 | 8:21 | |
| 23 | Tue | 10:40 | 3.0 | 11:05 | 3.5 | 4:38 | -0.2 | 4:49 | -0.2 | 6:04 | 8:20 | |
| 24 | Wed | 11:33 | 3.1 | 11:55 | 3.3 | 5:26 | -0.2 | 5:43 | -0.2 | 6:04 | 8:19 | |
| 25 | Thu | | | 12:25 | 3.2 | 6:13 | -0.2 | 6:38 | -0.1 | 6:05 | 8:18 | |
| 26 | Fri | 12:45 | 3.1 | 1:18 | 3.1 | 7:01 | -0.1 | 7:35 | 0.1 | 6:06 | 8:18 | |
| 27 | Sat | 1:35 | 2.9 | 2:10 | 3.1 | 7:50 | 0.0 | 8:34 | 0.2 | 6:07 | 8:17 | |
| 28 | Sun | 2:25 | 2.7 | 3:01 | 3.0 | 8:39 | 0.1 | 9:33 | 0.3 | 6:08 | 8:16 | |
| 29 | Mon | 3:15 | 2.5 | 3:52 | 2.9 | 9:30 | 0.2 | 10:32 | 0.4 | 6:08 | 8:15 | |
| 30 | Tue | 4:08 | 2.4 | 4:49 | 2.8 | 10:21 | 0.3 | 11:31 | 0.5 | 6:09 | 8:14 | |
| 31 | Wed | 5:08 | 2.3 | 5:51 | 2.8 | 11:15 | 0.4 | | | 6:10 | 8:13 | |