

































## Newport News, VA - Mar 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:07	2.3	6:21	1.9			12:25	0.2	6:36	5:59	
2	Sat	6:59	2.4	7:12	2.0	12:24	0.1	1:14	0.1	6:35	6:00	
3	Sun	7:43	2.4	7:57	2.2	1:14	0.0	1:58	0.1	6:33	6:01	
4	Mon	8:24	2.5	8:37	2.3	2:01	0.0	2:38	0.0	6:32	6:02	
5	Tue	9:01	2.6	9:15	2.4	2:43	-0.1	3:13	0.0	6:30	6:03	
6	Wed	9:35	2.6	9:49	2.5	3:22	-0.1	3:44	-0.1	6:29	6:04	
7	Thu	10:08	2.6	10:22	2.5	3:58	-0.1	4:14	-0.1	6:28	6:05	
8	Fri	10:41	2.6	10:55	2.6	4:32	-0.1	4:44	-0.1	6:26	6:06	
9	Sat	11:15	2.5	11:30	2.6	5:07	-0.1	5:16	-0.1	6:25	6:07	
10	Sun			12:52	2.4	6:44	0.0	6:50	-0.1	7:23	7:08	
11	Mon	1:07	2.6	1:31	2.3	7:25	0.1	7:31	0.0	7:22	7:09	
12	Tue	1:49	2.6	2:15	2.3	8:13	0.1	8:17	0.0	7:20	7:09	
13	Wed	2:36	2.6	3:03	2.2	9:09	0.2	9:11	0.1	7:19	7:10	
14	Thu	3:29	2.6	4:00	2.1	10:12	0.2	10:13	0.1	7:18	7:11	
15	Fri	4:33	2.6	5:08	2.1	11:22	0.2	11:23	0.0	7:16	7:12	
16	Sat	5:47	2.6	6:22	2.2			12:31	0.1	7:15	7:13	
17	Sun	6:59	2.8	7:28	2.4	12:33	-0.1	1:32	0.0	7:13	7:14	
18	Mon	8:02	2.9	8:28	2.7	1:38	-0.2	2:29	-0.1	7:12	7:15	
19	Tue	9:00	3.1	9:24	2.9	2:40	-0.3	3:22	-0.2	7:10	7:16	
20	Wed	9:53	3.1	10:17	3.1	3:38	-0.4	4:11	-0.3	7:09	7:17	
21	Thu	10:43	3.1	11:06	3.2	4:32	-0.5	4:57	-0.4	7:07	7:18	
22	Fri	11:30	3.1	11:54	3.2	5:23	-0.4	5:41	-0.3	7:06	7:19	
23	Sat			12:17	2.9	6:13	-0.3	6:25	-0.3	7:04	7:19	
24	Sun	12:43	3.2	1:04	2.7	7:04	-0.2	7:12	-0.1	7:03	7:20	
25	Mon	1:32	3.0	1:53	2.5	7:58	0.0	8:02	0.0	7:01	7:21	
26	Tue	2:22	2.8	2:42	2.3	8:54	0.1	8:55	0.2	7:00	7:22	
27	Wed	3:14	2.6	3:34	2.2	9:51	0.3	9:52	0.3	6:58	7:23	
28	Thu	4:10	2.5	4:33	2.1	10:51	0.4	10:54	0.4	6:57	7:24	
29	Fri	5:18	2.4	5:43	2.1	11:51	0.4	11:57	0.4	6:55	7:25	
30	Sat	6:26	2.4	6:48	2.2			12:46	0.4	6:54	7:26	
31	Sun	7:22	2.4	7:40	2.3	12:54	0.3	1:33	0.4	6:52	7:26	