US HARBORS www.USHarbors.com

Newport News, VA - Jul 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:04	2.4	6:01	0.2	5:50	0.3	5:49	8:29	
2	Sat	12:09	2.8	12:43	2.4	6:36	0.2	6:30	0.3	5:50	8:29	
3	Sun	12:47	2.7	1:23	2.4	7:11	0.2	7:14	0.4	5:50	8:29	
4	Mon	1:27	2.7	2:04	2.5	7:49	0.2	8:03	0.4	5:51	8:28	
5	Tue	2:09	2.6	2:46	2.5	8:30	0.2	8:56	0.4	5:51	8:28	
6	Wed	2:53	2.5	3:31	2.6	9:13	0.2	9:53	0.4	5:52	8:28	
7	Thu	3:42	2.4	4:21	2.8	10:00	0.2	10:54	0.3	5:53	8:28	
8	Fri	4:38	2.4	5:19	2.9	10:53	0.2	11:58	0.3	5:53	8:28	
9	Sat	5:42	2.3	6:21	3.0	11:51	0.1			5:54	8:27	
10	Sun	6:46	2.4	7:21	3.2	1:00	0.2	12:50	0.1	5:54	8:27	
11	Mon	7:48	2.4	8:20	3.4	2:00	0.1	1:49	0.0	5:55	8:27	
12	Tue	8:47	2.5	9:19	3.5	3:00	0.0	2:50	-0.1	5:56	8:26	
13	Wed	9:46	2.6	10:17	3.5	3:57	-0.1	3:50	-0.1	5:56	8:26	
14	Thu	10:43	2.7	11:12	3.5	4:49	-0.1	4:47	-0.2	5:57	8:25	
15	Fri	11:38	2.8			5:39	-0.1	5:43	-0.1	5:58	8:25	
16	Sat	12:05	3.4	12:33	2.9	6:28	-0.1	6:41	-0.1	5:58	8:24	
17	Sun	12:58	3.2	1:29	2.9	7:19	-0.1	7:42	0.1	5:59	8:24	
18	Mon	1:51	3.0	2:24	2.9	8:09	0.0	8:45	0.2	6:00	8:23	
19	Tue	2:42	2.7	3:17	2.9	8:59	0.1	9:46	0.3	6:01	8:23	
20	Wed	3:32	2.5	4:11	2.9	9:48	0.2	10:48	0.4	6:01	8:22	
21	Thu	4:26	2.3	5:10	2.8	10:38	0.3	11:49	0.4	6:02	8:21	
22	Fri	5:27	2.2	6:09	2.8	11:30	0.3			6:03	8:21	
23	Sat	6:28	2.2	7:03	2.8	12:45	0.4	12:21	0.4	6:04	8:20	
24	Sun	7:22	2.2	7:50	2.8	1:36	0.4	1:10	0.4	6:04	8:19	
25	Mon	8:11	2.3	8:34	2.9	2:24	0.4	1:58	0.4	6:05	8:18	
26	Tue	8:58	2.3	9:16	2.9	3:09	0.3	2:46	0.3	6:06	8:18	
27	Wed	9:42	2.4	9:56	2.9	3:50	0.3	3:31	0.3	6:07	8:17	
28	Thu	10:22	2.5	10:33	3.0	4:27	0.2	4:13	0.3	6:07	8:16	
29	Fri	11:01	2.6	11:09	3.0	5:00	0.2	4:52	0.3	6:08	8:15	
30	Sat	11:37	2.6	11:44	2.9	5:32	0.2	5:30	0.3	6:09	8:14	
31	Sun			12:14	2.7	6:03	0.2	6:09	0.3	6:10	8:13	