

































Newport News, VA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:37	2.5	3:16	2.6	9:02	0.2	9:37	0.4	5:50	8:29	
2	Wed	3:22	2.3	4:03	2.6	9:44	0.3	10:33	0.5	5:50	8:29	
3	Thu	4:09	2.2	4:54	2.6	10:27	0.4	11:30	0.5	5:51	8:29	
4	Fri	5:04	2.1	5:48	2.6	11:13	0.4			5:51	8:28	
5	Sat	6:04	2.0	6:40	2.7	12:24	0.5	12:01	0.4	5:52	8:28	
6	Sun	7:00	2.0	7:28	2.7	1:14	0.4	12:48	0.4	5:52	8:28	
7	Mon	7:50	2.1	8:14	2.8	2:02	0.4	1:36	0.4	5:53	8:28	
8	Tue	8:37	2.2	8:58	2.9	2:49	0.3	2:24	0.3	5:53	8:27	
9	Wed	9:22	2.2	9:42	3.0	3:33	0.3	3:12	0.3	5:54	8:27	
10	Thu	10:06	2.3	10:23	3.0	4:13	0.2	3:58	0.2	5:55	8:27	
11	Fri	10:47	2.4	11:03	3.0	4:51	0.1	4:42	0.2	5:55	8:26	
12	Sat	11:28	2.5	11:43	3.0	5:27	0.1	5:25	0.1	5:56	8:26	
13	Sun			12:10	2.6	6:04	0.1	6:09	0.2	5:57	8:26	
14	Mon	12:25	3.0	12:54	2.7	6:44	0.0	6:59	0.2	5:57	8:25	
15	Tue	1:10	2.9	1:41	2.8	7:26	0.0	7:54	0.2	5:58	8:25	
16	Wed	1:57	2.8	2:30	2.9	8:12	0.0	8:54	0.2	5:59	8:24	
17	Thu	2:47	2.7	3:21	3.0	9:01	0.0	9:56	0.3	5:59	8:24	
18	Fri	3:40	2.5	4:17	3.1	9:54	0.1	11:03	0.3	6:00	8:23	
19	Sat	4:41	2.4	5:22	3.1	10:52	0.1			6:01	8:22	
20	Sun	5:50	2.3	6:31	3.1	12:11	0.3	11:55 AM	0.1	6:02	8:22	
21	Mon	6:58	2.3	7:36	3.2	1:15	0.2	12:58	0.1	6:02	8:21	
22	Tue	8:02	2.4	8:36	3.3	2:15	0.2	2:00	0.0	6:03	8:20	
23	Wed	9:01	2.5	9:32	3.3	3:13	0.1	3:00	0.0	6:04	8:20	
24	Thu	9:57	2.7	10:23	3.2	4:05	0.1	3:58	0.0	6:05	8:19	
25	Fri	10:49	2.8	11:09	3.2	4:51	0.0	4:50	0.0	6:05	8:18	
26	Sat	11:36	2.8	11:52	3.0	5:34	0.0	5:38	0.1	6:06	8:17	
27	Sun			12:22	2.8	6:13	0.1	6:25	0.2	6:07	8:17	
28	Mon	12:34	2.9	1:07	2.8	6:52	0.1	7:14	0.3	6:08	8:16	
29	Tue	1:15	2.7	1:50	2.8	7:31	0.2	8:04	0.4	6:09	8:15	
30	Wed	1:57	2.5	2:32	2.8	8:10	0.3	8:55	0.5	6:09	8:14	
31	Thu	2:38	2.4	3:14	2.7	8:49	0.4	9:47	0.6	6:10	8:13	