

































Newport News, VA - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:01	2.7	8:20	2.5	1:31	-0.3	2:20	-0.2	6:36	5:59	
2	Mon	8:49	2.8	9:08	2.6	2:28	-0.3	3:05	-0.2	6:34	6:00	
3	Tue	9:31	2.7	9:52	2.7	3:18	-0.3	3:44	-0.3	6:33	6:01	
4	Wed	10:10	2.7	10:32	2.8	4:03	-0.3	4:21	-0.3	6:31	6:02	
5	Thu	10:48	2.6	11:10	2.7	4:44	-0.3	4:55	-0.2	6:30	6:03	
6	Fri	11:24	2.4	11:48	2.7	5:25	-0.1	5:29	-0.1	6:29	6:04	
7	Sat			12:02	2.3	6:06	0.0	6:04	0.0	6:27	6:05	
8	Sun	12:26	2.6	1:42	2.2	7:48	0.1	7:41	0.1	7:26	7:06	
9	Mon	2:07	2.4	2:23	2.0	8:34	0.2	8:23	0.2	7:24	7:07	
10	Tue	2:50	2.3	3:07	1.9	9:24	0.4	9:12	0.3	7:23	7:08	
11	Wed	3:39	2.2	3:58	1.8	10:21	0.4	10:09	0.3	7:21	7:09	
12	Thu	4:39	2.2	5:01	1.8	11:24	0.5	11:14	0.3	7:20	7:10	
13	Fri	5:51	2.2	6:13	1.8			12:24	0.4	7:19	7:11	
14	Sat	6:55	2.3	7:12	2.0	12:19	0.3	1:15	0.3	7:17	7:12	
15	Sun	7:46	2.4	8:02	2.2	1:17	0.2	2:00	0.2	7:16	7:13	
16	Mon	8:31	2.6	8:47	2.4	2:09	0.1	2:43	0.1	7:14	7:13	
17	Tue	9:13	2.7	9:29	2.7	2:59	0.0	3:23	0.0	7:13	7:14	
18	Wed	9:55	2.8	10:11	2.9	3:46	-0.1	4:02	-0.1	7:11	7:15	
19	Thu	10:36	2.8	10:52	3.0	4:31	-0.2	4:41	-0.2	7:10	7:16	
20	Fri	11:18	2.8	11:35	3.1	5:15	-0.3	5:20	-0.3	7:08	7:17	
21	Sat			12:01	2.7	6:00	-0.2	6:01	-0.2	7:07	7:18	
22	Sun	12:21	3.2	12:48	2.6	6:50	-0.1	6:47	-0.2	7:05	7:19	
23	Mon	1:12	3.1	1:39	2.5	7:45	0.0	7:41	-0.1	7:04	7:20	
24	Tue	2:07	3.0	2:34	2.3	8:47	0.1	8:42	0.0	7:02	7:21	
25	Wed	3:07	2.8	3:34	2.2	9:54	0.2	9:50	0.1	7:01	7:21	
26	Thu	4:15	2.7	4:46	2.2	11:05	0.3	11:04	0.1	6:59	7:22	
27	Fri	5:37	2.6	6:07	2.3			12:12	0.3	6:58	7:23	
28	Sat	6:53	2.6	7:16	2.5	12:18	0.1	1:11	0.2	6:56	7:24	
29	Sun	7:51	2.7	8:13	2.7	1:23	0.0	2:04	0.1	6:55	7:25	
30	Mon	8:41	2.7	9:02	2.8	2:22	0.0	2:51	0.0	6:53	7:26	
31	Tue	9:26	2.7	9:46	3.0	3:15	-0.1	3:33	0.0	6:52	7:27	