



Newport News, VA - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:24	2.4	11:35	2.9	5:24	0.2	5:16	0.2	5:50	8:29	☉
2	Thu			12:02	2.4	5:57	0.2	5:54	0.3	5:50	8:29	☉
3	Fri	12:12	2.8	12:40	2.5	6:31	0.2	6:35	0.3	5:50	8:29	☉
4	Sat	12:50	2.7	1:20	2.5	7:07	0.2	7:20	0.3	5:51	8:28	☾
5	Sun	1:30	2.7	2:01	2.6	7:45	0.2	8:11	0.4	5:52	8:28	☾
6	Mon	2:14	2.6	2:45	2.7	8:27	0.1	9:06	0.4	5:52	8:28	☾
7	Tue	3:00	2.5	3:32	2.8	9:13	0.1	10:06	0.4	5:53	8:28	☾
8	Wed	3:51	2.4	4:26	2.9	10:04	0.1	11:10	0.3	5:53	8:28	☾
9	Thu	4:51	2.3	5:29	3.0	11:00	0.1			5:54	8:27	☾
10	Fri	5:59	2.3	6:34	3.1	12:17	0.3	12:02	0.1	5:54	8:27	☾
11	Sat	7:05	2.3	7:38	3.3	1:20	0.2	1:04	0.0	5:55	8:27	☾
12	Sun	8:08	2.4	8:39	3.4	2:22	0.1	2:06	0.0	5:56	8:26	☾
13	Mon	9:09	2.6	9:39	3.4	3:21	0.0	3:09	-0.1	5:56	8:26	☾
14	Tue	10:07	2.7	10:34	3.4	4:16	-0.1	4:09	-0.2	5:57	8:25	☾
15	Wed	11:03	2.8	11:27	3.3	5:05	-0.1	5:05	-0.2	5:58	8:25	☾
16	Thu	11:56	2.9			5:53	-0.1	6:00	-0.1	5:58	8:24	☾
17	Fri	12:17	3.2	12:49	3.0	6:39	-0.1	6:56	0.0	5:59	8:24	☾
18	Sat	1:06	3.0	1:42	3.0	7:26	0.0	7:55	0.1	6:00	8:23	☾
19	Sun	1:55	2.8	2:32	2.9	8:13	0.1	8:53	0.3	6:01	8:23	☾
20	Mon	2:42	2.5	3:22	2.9	9:00	0.2	9:52	0.4	6:01	8:22	☾
21	Tue	3:30	2.3	4:13	2.8	9:47	0.3	10:50	0.5	6:02	8:21	☾
22	Wed	4:22	2.2	5:09	2.8	10:35	0.4	11:49	0.5	6:03	8:21	☾
23	Thu	5:22	2.1	6:08	2.7	11:27	0.4			6:04	8:20	☾
24	Fri	6:26	2.1	7:02	2.8	12:43	0.5	12:20	0.4	6:04	8:19	☾
25	Sat	7:21	2.1	7:51	2.8	1:34	0.5	1:11	0.4	6:05	8:18	☉
26	Sun	8:11	2.2	8:36	2.9	2:21	0.4	2:01	0.4	6:06	8:18	☉
27	Mon	8:57	2.3	9:18	2.9	3:05	0.4	2:49	0.4	6:07	8:17	☉
28	Tue	9:41	2.4	9:58	3.0	3:45	0.3	3:35	0.3	6:08	8:16	☉
29	Wed	10:21	2.5	10:34	3.0	4:22	0.2	4:17	0.3	6:08	8:15	☉
30	Thu	10:58	2.6	11:10	3.0	4:55	0.2	4:56	0.3	6:09	8:14	☉
31	Fri	11:34	2.7	11:45	2.9	5:26	0.1	5:35	0.3	6:10	8:13	☉