

































Newport News, VA - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:11	2.8	5:58	0.1	6:15	0.3	6:11	8:12	
2	Sun	12:23	2.9	12:49	2.9	6:32	0.1	6:59	0.3	6:12	8:11	
3	Mon	1:03	2.8	1:31	3.0	7:10	0.1	7:49	0.4	6:12	8:10	
4	Tue	1:47	2.7	2:16	3.0	7:53	0.2	8:45	0.4	6:13	8:09	
5	Wed	2:35	2.6	3:06	3.1	8:42	0.2	9:45	0.4	6:14	8:08	
6	Thu	3:27	2.5	4:02	3.1	9:36	0.2	10:52	0.4	6:15	8:07	
7	Fri	4:28	2.4	5:08	3.1	10:38	0.2			6:16	8:06	
8	Sat	5:40	2.4	6:21	3.2	12:02	0.4	11:46 AM	0.2	6:17	8:05	
9	Sun	6:53	2.4	7:29	3.3	1:08	0.4	12:54	0.2	6:17	8:04	
10	Mon	7:58	2.6	8:31	3.4	2:09	0.3	1:59	0.1	6:18	8:03	
11	Tue	8:59	2.8	9:28	3.4	3:05	0.2	3:02	0.0	6:19	8:02	
12	Wed	9:55	3.0	10:19	3.4	3:57	0.1	4:01	0.0	6:20	8:01	
13	Thu	10:47	3.1	11:07	3.3	4:43	0.0	4:54	0.0	6:21	7:59	
14	Fri	11:35	3.2	11:52	3.2	5:26	0.0	5:44	0.1	6:22	7:58	
15	Sat			12:22	3.3	6:07	0.0	6:35	0.2	6:22	7:57	
16	Sun	12:36	3.0	1:09	3.2	6:48	0.1	7:26	0.3	6:23	7:56	
17	Mon	1:20	2.8	1:55	3.2	7:30	0.2	8:20	0.4	6:24	7:55	
18	Tue	2:05	2.6	2:40	3.0	8:13	0.4	9:14	0.6	6:25	7:53	
19	Wed	2:51	2.4	3:26	2.9	8:59	0.5	10:09	0.7	6:26	7:52	
20	Thu	3:39	2.3	4:18	2.8	9:48	0.6	11:08	0.7	6:26	7:51	
21	Fri	4:36	2.2	5:20	2.8	10:43	0.6			6:27	7:49	
22	Sat	5:44	2.2	6:25	2.8	12:06	0.7	11:43 AM	0.7	6:28	7:48	
23	Sun	6:49	2.3	7:19	2.9	12:59	0.7	12:41	0.6	6:29	7:47	
24	Mon	7:42	2.4	8:05	3.0	1:46	0.6	1:33	0.6	6:30	7:45	
25	Tue	8:28	2.6	8:47	3.0	2:29	0.5	2:23	0.5	6:31	7:44	
26	Wed	9:10	2.7	9:27	3.1	3:08	0.4	3:10	0.4	6:31	7:43	
27	Thu	9:50	2.9	10:04	3.2	3:44	0.3	3:54	0.4	6:32	7:41	
28	Fri	10:27	3.1	10:41	3.2	4:18	0.3	4:35	0.3	6:33	7:40	
29	Sat	11:03	3.2	11:18	3.1	4:51	0.2	5:14	0.3	6:34	7:38	
30	Sun	11:40	3.3	11:56	3.1	5:24	0.2	5:55	0.3	6:35	7:37	
31	Mon			12:20	3.4	6:00	0.2	6:40	0.4	6:35	7:35	