



Newport News, VA - Mar 2029

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 9:47 | 2.9 | 10:11 | 3.1 | 3:38 | -0.5 | 4:00 | -0.5 | 6:35 | 6:00 | ☉ |
| 2 | Fri | 10:34 | 2.9 | 10:59 | 3.1 | 4:28 | -0.6 | 4:44 | -0.5 | 6:34 | 6:01 | ☉ |
| 3 | Sat | 11:22 | 2.8 | 11:50 | 3.1 | 5:19 | -0.5 | 5:30 | -0.5 | 6:32 | 6:02 | ☉ |
| 4 | Sun | | | 12:12 | 2.6 | 6:14 | -0.3 | 6:21 | -0.4 | 6:31 | 6:03 | ☾ |
| 5 | Mon | 12:45 | 3.0 | 1:04 | 2.4 | 7:13 | -0.2 | 7:17 | -0.2 | 6:30 | 6:03 | ☾ |
| 6 | Tue | 1:41 | 2.8 | 1:59 | 2.2 | 8:15 | 0.0 | 8:18 | -0.1 | 6:28 | 6:04 | ☾ |
| 7 | Wed | 2:43 | 2.6 | 3:00 | 2.1 | 9:21 | 0.1 | 9:25 | 0.0 | 6:27 | 6:05 | ☾ |
| 8 | Thu | 3:54 | 2.5 | 4:14 | 2.0 | 10:29 | 0.2 | 10:36 | 0.0 | 6:25 | 6:06 | ☾ |
| 9 | Fri | 5:13 | 2.4 | 5:32 | 2.1 | 11:33 | 0.2 | 11:42 | 0.1 | 6:24 | 6:07 | ☾ |
| 10 | Sat | 6:18 | 2.4 | 6:35 | 2.2 | | | 12:29 | 0.2 | 6:23 | 6:08 | ☾ |
| 11 | Sun | 8:10 | 2.5 | 8:26 | 2.4 | 12:41 | 0.0 | 2:18 | 0.1 | 7:21 | 7:09 | ☾ |
| 12 | Mon | 8:54 | 2.5 | 9:10 | 2.5 | 2:34 | 0.0 | 3:02 | 0.0 | 7:20 | 7:10 | ☾ |
| 13 | Tue | 9:33 | 2.6 | 9:50 | 2.6 | 3:22 | 0.0 | 3:40 | 0.0 | 7:18 | 7:11 | ☾ |
| 14 | Wed | 10:09 | 2.6 | 10:25 | 2.7 | 4:04 | -0.1 | 4:15 | 0.0 | 7:17 | 7:12 | ☾ |
| 15 | Thu | 10:43 | 2.6 | 10:58 | 2.7 | 4:41 | -0.1 | 4:46 | -0.1 | 7:15 | 7:13 | ☾ |
| 16 | Fri | 11:17 | 2.5 | 11:30 | 2.7 | 5:15 | -0.1 | 5:16 | 0.0 | 7:14 | 7:14 | ☾ |
| 17 | Sat | 11:50 | 2.5 | | | 5:49 | 0.0 | 5:45 | 0.0 | 7:12 | 7:15 | ☾ |
| 18 | Sun | 12:02 | 2.7 | 12:25 | 2.4 | 6:22 | 0.1 | 6:16 | 0.1 | 7:11 | 7:15 | ☾ |
| 19 | Mon | 12:37 | 2.6 | 1:01 | 2.3 | 6:58 | 0.2 | 6:51 | 0.1 | 7:09 | 7:16 | ☾ |
| 20 | Tue | 1:14 | 2.6 | 1:40 | 2.2 | 7:38 | 0.2 | 7:32 | 0.2 | 7:08 | 7:17 | ☾ |
| 21 | Wed | 1:55 | 2.5 | 2:23 | 2.1 | 8:23 | 0.3 | 8:19 | 0.2 | 7:06 | 7:18 | ☾ |
| 22 | Thu | 2:41 | 2.5 | 3:10 | 2.1 | 9:16 | 0.4 | 9:14 | 0.3 | 7:05 | 7:19 | ☾ |
| 23 | Fri | 3:33 | 2.5 | 4:05 | 2.1 | 10:15 | 0.4 | 10:16 | 0.3 | 7:03 | 7:20 | ☾ |
| 24 | Sat | 4:35 | 2.5 | 5:11 | 2.2 | 11:19 | 0.4 | 11:25 | 0.2 | 7:02 | 7:21 | ☾ |
| 25 | Sun | 5:45 | 2.5 | 6:20 | 2.3 | | | 12:20 | 0.3 | 7:00 | 7:22 | ☾ |
| 26 | Mon | 6:51 | 2.7 | 7:20 | 2.6 | 12:33 | 0.1 | 1:16 | 0.1 | 6:59 | 7:23 | ☾ |
| 27 | Tue | 7:49 | 2.8 | 8:15 | 2.9 | 1:34 | 0.0 | 2:07 | 0.0 | 6:57 | 7:23 | ☉ |
| 28 | Wed | 8:43 | 2.9 | 9:08 | 3.1 | 2:33 | -0.2 | 2:58 | -0.2 | 6:56 | 7:24 | ☉ |
| 29 | Thu | 9:35 | 3.0 | 9:59 | 3.3 | 3:30 | -0.3 | 3:46 | -0.3 | 6:54 | 7:25 | ☉ |
| 30 | Fri | 10:25 | 3.0 | 10:49 | 3.5 | 4:23 | -0.4 | 4:34 | -0.3 | 6:53 | 7:26 | ☉ |
| 31 | Sat | 11:14 | 3.0 | 11:39 | 3.5 | 5:14 | -0.4 | 5:20 | -0.3 | 6:52 | 7:27 | ☉ |