
































Newport News, VA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:43	2.4	12:58	2.0	7:03	0.1	6:56	0.1	6:36	5:59	
2	Mon	1:22	2.3	1:39	1.9	7:48	0.3	7:38	0.2	6:34	6:00	
3	Tue	2:06	2.2	2:23	1.8	8:40	0.3	8:27	0.2	6:33	6:01	
4	Wed	2:56	2.2	3:16	1.7	9:39	0.4	9:25	0.3	6:32	6:02	
5	Thu	4:00	2.2	4:23	1.7	10:45	0.4	10:32	0.2	6:30	6:03	
6	Fri	5:12	2.2	5:33	1.8	11:45	0.3	11:37	0.2	6:29	6:04	
7	Sat	6:13	2.4	6:31	2.0			12:38	0.2	6:27	6:05	
8	Sun	8:06	2.6	8:22	2.2	12:35	0.0	2:26	0.1	7:26	7:06	
9	Mon	8:53	2.7	9:10	2.5	2:31	-0.1	3:11	-0.1	7:25	7:07	
10	Tue	9:39	2.8	9:57	2.7	3:23	-0.2	3:54	-0.2	7:23	7:08	
11	Wed	10:24	2.9	10:42	2.9	4:13	-0.3	4:34	-0.3	7:22	7:09	
12	Thu	11:08	2.9	11:27	3.1	5:00	-0.4	5:15	-0.4	7:20	7:10	
13	Fri	11:53	2.8			5:48	-0.4	5:56	-0.4	7:19	7:11	
14	Sat	12:13	3.1	12:40	2.7	6:39	-0.3	6:42	-0.3	7:17	7:11	
15	Sun	1:04	3.1	1:30	2.5	7:34	-0.2	7:32	-0.2	7:16	7:12	
16	Mon	1:58	3.0	2:23	2.3	8:35	0.0	8:29	-0.1	7:14	7:13	
17	Tue	2:56	2.8	3:20	2.2	9:40	0.1	9:33	0.0	7:13	7:14	
18	Wed	4:01	2.7	4:27	2.1	10:51	0.3	10:44	0.1	7:11	7:15	
19	Thu	5:21	2.5	5:48	2.1			12:01	0.3	7:10	7:16	
20	Fri	6:42	2.5	7:02	2.2			1:04	0.2	7:08	7:17	
21	Sat	7:44	2.6	8:01	2.4	1:06	0.1	1:58	0.2	7:07	7:18	
22	Sun	8:35	2.6	8:51	2.6	2:06	0.0	2:46	0.1	7:05	7:19	
23	Mon	9:18	2.6	9:36	2.7	2:59	0.0	3:28	0.0	7:04	7:20	
24	Tue	9:57	2.7	10:15	2.8	3:46	0.0	4:05	0.0	7:02	7:20	
25	Wed	10:32	2.6	10:50	2.9	4:27	-0.1	4:38	0.0	7:01	7:21	
26	Thu	11:05	2.6	11:23	2.9	5:04	0.0	5:09	0.0	6:59	7:22	
27	Fri	11:39	2.5	11:55	2.8	5:39	0.0	5:38	0.1	6:58	7:23	
28	Sat			12:13	2.4	6:13	0.1	6:07	0.1	6:57	7:24	
29	Sun	12:29	2.8	12:49	2.3	6:49	0.2	6:39	0.2	6:55	7:25	
30	Mon	1:05	2.7	1:27	2.2	7:28	0.3	7:16	0.3	6:54	7:26	
31	Tue	1:45	2.6	2:08	2.1	8:11	0.4	8:00	0.4	6:52	7:27	