

































## Newport News, VA - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:38	2.4	7:17	3.2	12:56	0.3	12:39	0.1	6:11	8:13	
2	Sun	7:44	2.5	8:19	3.3	1:57	0.3	1:42	0.1	6:12	8:12	
3	Mon	8:45	2.6	9:16	3.3	2:56	0.2	2:45	0.1	6:12	8:11	
4	Tue	9:42	2.7	10:09	3.3	3:49	0.1	3:44	0.0	6:13	8:10	
5	Wed	10:34	2.9	10:55	3.3	4:36	0.1	4:37	0.0	6:14	8:09	
6	Thu	11:22	3.0	11:39	3.1	5:18	0.1	5:26	0.1	6:15	8:08	
7	Fri			12:08	3.0	5:58	0.1	6:13	0.2	6:16	8:06	
8	Sat	12:20	3.0	12:52	3.0	6:37	0.1	7:01	0.3	6:16	8:05	
9	Sun	1:02	2.8	1:35	3.0	7:15	0.2	7:51	0.4	6:17	8:04	
10	Mon	1:43	2.6	2:17	2.9	7:54	0.3	8:42	0.5	6:18	8:03	
11	Tue	2:26	2.5	2:59	2.8	8:33	0.4	9:34	0.6	6:19	8:02	
12	Wed	3:10	2.3	3:44	2.8	9:16	0.5	10:28	0.7	6:20	8:01	
13	Thu	3:58	2.2	4:36	2.7	10:03	0.6	11:27	0.7	6:21	8:00	
14	Fri	4:56	2.1	5:37	2.7	10:57	0.6			6:21	7:58	
15	Sat	6:04	2.1	6:39	2.8	12:23	0.7	11:56 AM	0.6	6:22	7:57	
16	Sun	7:04	2.2	7:32	2.9	1:15	0.6	12:53	0.6	6:23	7:56	
17	Mon	7:55	2.4	8:19	3.0	2:02	0.5	1:46	0.5	6:24	7:55	
18	Tue	8:42	2.5	9:03	3.1	2:47	0.5	2:37	0.4	6:25	7:53	
19	Wed	9:26	2.7	9:45	3.2	3:28	0.3	3:26	0.3	6:26	7:52	
20	Thu	10:08	2.9	10:25	3.3	4:06	0.2	4:12	0.2	6:26	7:51	
21	Fri	10:49	3.0	11:05	3.3	4:43	0.2	4:56	0.2	6:27	7:50	
22	Sat	11:29	3.2	11:47	3.2	5:19	0.1	5:41	0.2	6:28	7:48	
23	Sun			12:12	3.3	5:56	0.1	6:28	0.2	6:29	7:47	
24	Mon	12:30	3.1	12:58	3.4	6:37	0.1	7:21	0.3	6:30	7:45	
25	Tue	1:18	3.0	1:47	3.4	7:22	0.1	8:19	0.4	6:31	7:44	
26	Wed	2:08	2.8	2:40	3.4	8:13	0.2	9:22	0.5	6:31	7:43	
27	Thu	3:03	2.7	3:38	3.3	9:10	0.3	10:30	0.5	6:32	7:41	
28	Fri	4:03	2.5	4:46	3.2	10:14	0.4	11:41	0.5	6:33	7:40	
29	Sat	5:16	2.5	6:04	3.2	11:24	0.4			6:34	7:39	
30	Sun	6:34	2.6	7:14	3.3	12:47	0.5	12:35	0.4	6:35	7:37	
31	Mon	7:40	2.7	8:13	3.3	1:46	0.4	1:39	0.3	6:35	7:36	