US HARBORS www.USHarbors.com

Newport News, VA - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:15	2.8	7:39	2.0	12:40	-0.3	1:55	-0.2	7:18	5:00	
2	Mon	8:12	3.0	8:35	2.2	1:39	-0.4	2:50	-0.3	7:19	5:00	
3	Tue	9:07	3.1	9:30	2.3	2:37	-0.5	3:41	-0.4	7:19	5:01	
4	Wed	10:00	3.1	10:23	2.4	3:33	-0.6	4:29	-0.5	7:19	5:02	
5	Thu	10:51	3.0	11:17	2.5	4:27	-0.6	5:17	-0.5	7:19	5:03	
6	Fri	11:42	2.9			5:21	-0.6	6:06	-0.5	7:19	5:04	
7	Sat	12:12	2.5	12:33	2.6	6:20	-0.4	6:56	-0.4	7:19	5:05	
8	Sun	1:07	2.5	1:24	2.4	7:21	-0.3	7:47	-0.4	7:19	5:06	
9	Mon	2:02	2.5	2:14	2.1	8:24	-0.2	8:38	-0.3	7:18	5:07	
10	Tue	2:59	2.4	3:08	1.9	9:28	0.0	9:32	-0.2	7:18	5:08	
11	Wed	4:02	2.3	4:10	1.7	10:34	0.0	10:28	-0.1	7:18	5:09	
12	Thu	5:09	2.3	5:17	1.7	11:36	0.1	11:25	-0.1	7:18	5:10	
13	Fri	6:10	2.3	6:17	1.7			12:32	0.1	7:18	5:11	
14	Sat	7:01	2.3	7:09	1.7	12:18	-0.1	1:24	0.0	7:17	5:12	
15	Sun	7:48	2.4	7:57	1.8	1:09	-0.1	2:11	0.0	7:17	5:13	
16	Mon	8:30	2.4	8:41	1.9	1:57	-0.2	2:53	-0.1	7:17	5:14	
17	Tue	9:08	2.4	9:21	1.9	2:41	-0.2	3:30	-0.1	7:16	5:15	
18	Wed	9:43	2.4	9:59	2.0	3:21	-0.2	4:03	-0.2	7:16	5:16	
19	Thu	10:17	2.4	10:34	2.0	3:57	-0.2	4:33	-0.2	7:15	5:17	
20	Fri	10:50	2.4	11:09	2.1	4:32	-0.2	5:03	-0.2	7:15	5:18	
21	Sat	11:23	2.3	11:44	2.1	5:08	-0.2	5:33	-0.2	7:14	5:19	
22	Sun	11:58	2.2			5:46	-0.1	6:06	-0.2	7:14	5:20	
23	Mon	12:21	2.1	12:36	2.1	6:28	0.0	6:42	-0.2	7:13	5:21	
24	Tue	1:00	2.2	1:16	2.0	7:15	0.0	7:24	-0.2	7:13	5:22	
25	Wed	1:43	2.2	2:02	1.9	8:08	0.1	8:11	-0.2	7:12	5:23	
26	Thu	2:32	2.2	2:54	1.8	9:10	0.1	9:06	-0.2	7:11	5:24	
27	Fri	3:31	2.3	3:58	1.7	10:20	0.1	10:10	-0.2	7:11	5:25	
28	Sat	4:42	2.3	5:11	1.7	11:31	0.0	11:18	-0.2	7:10	5:26	
29	Sun	5:54	2.5	6:20	1.8			12:36	-0.1	7:09	5:27	
30	Mon	6:59	2.7	7:23	2.0	12:23	-0.4	1:36	-0.2	7:09	5:29	
31	Tue	7:59	2.8	8:22	2.2	1:27	-0.5	2:32	-0.4	7:08	5:30	