US HARBORS www.USHarbors.com

Newport News, VA - Mar 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**7:45**	2.9	**8:07**	2.6	**1:18**	-0.3	**2:09**	-0.2	6:35	6:00	
2	Thu	**8:38**	3.0	**9:01**	2.8	**2:18**	-0.5	**2:57**	-0.4	6:34	6:01	
3	Fri	**9:27**	3.0	**9:50**	3.0	**3:14**	-0.5	**3:42**	-0.4	6:32	6:02	
4	Sat	**10:13**	2.9	**10:37**	3.0	**4:05**	-0.5	**4:24**	-0.4	6:31	6:03	
5	Sun	**10:57**	2.8	**11:23**	3.0	**4:53**	-0.4	**5:05**	-0.4	6:29	6:04	
6	Mon	**11:42**	2.6			**5:42**	-0.3	**5:48**	-0.3	6:28	6:05	
7	Tue	**12:10**	2.9	**12:27**	2.4	**6:33**	-0.1	**6:33**	-0.1	6:27	6:05	
8	Wed	**12:57**	2.7	**1:13**	2.2	**7:26**	0.1	**7:22**	0.0	6:25	6:06	
9	Thu	**1:46**	2.5	**2:00**	2.0	**8:21**	0.2	**8:14**	0.2	6:24	6:07	
10	Fri	**2:38**	2.4	**2:53**	1.9	**9:20**	0.3	**9:13**	0.3	6:22	6:08	
11	Sat	**3:40**	2.2	**3:58**	1.8	**10:23**	0.4	**10:18**	0.3	6:21	6:09	
12	Sun	**5:54**	2.2	**6:13**	1.9			**12:23**	0.4	7:19	7:10	
13	Mon	**6:59**	2.2	**7:14**	2.0	**12:21**	0.3	**1:15**	0.4	7:18	7:11	
14	Tue	**7:49**	2.3	**8:03**	2.1	**1:17**	0.2	**2:00**	0.3	7:17	7:12	
15	Wed	**8:31**	2.4	**8:46**	2.3	**2:08**	0.2	**2:40**	0.2	7:15	7:13	
16	Thu	**9:10**	2.5	**9:25**	2.5	**2:54**	0.1	**3:17**	0.1	7:14	7:14	
17	Fri	**9:47**	2.5	**10:01**	2.6	**3:37**	0.0	**3:51**	0.0	7:12	7:15	
18	Sat	**10:22**	2.6	**10:35**	2.7	**4:16**	0.0	**4:23**	0.0	7:11	7:16	
19	Sun	**10:56**	2.6	**11:08**	2.8	**4:52**	-0.1	**4:55**	-0.1	7:09	7:16	
20	Mon	**11:30**	2.5	**11:43**	2.9	**5:28**	-0.1	**5:27**	-0.1	7:08	7:17	
21	Tue			**12:07**	2.5	**6:05**	0.0	**6:02**	-0.1	7:06	7:18	
22	Wed	**12:21**	2.9	**12:47**	2.4	**6:46**	0.0	**6:42**	0.0	7:05	7:19	
23	Thu	**1:05**	2.9	**1:32**	2.3	**7:34**	0.1	**7:30**	0.0	7:03	7:20	
24	Fri	**1:54**	2.8	**2:23**	2.3	**8:30**	0.2	**8:26**	0.1	7:02	7:21	
25	Sat	**2:49**	2.8	**3:19**	2.2	**9:33**	0.3	**9:30**	0.1	7:00	7:22	
26	Sun	**3:52**	2.7	**4:25**	2.2	**10:43**	0.3	**10:42**	0.1	6:59	7:23	
27	Mon	**5:06**	2.7	**5:42**	2.3	**11:52**	0.3	**11:57**	0.1	6:57	7:24	
28	Tue	**6:24**	2.7	**6:55**	2.5			**12:54**	0.2	6:56	7:24	
29	Wed	**7:29**	2.8	**7:56**	2.8	**1:06**	0.0	**1:49**	0.0	6:54	7:25	
30	Thu	**8:26**	2.9	**8:50**	3.0	**2:09**	-0.1	**2:40**	-0.1	6:53	7:26	
31	Fri	**9:17**	2.9	**9:41**	3.2	**3:07**	-0.2	**3:28**	-0.2	6:51	7:27	