US HARBORS www.USHarbors.com

Newport News, VA - Jul 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:51	2.4			5:49	0.2	5:45	0.3	5:50	8:29	
2	Sun	12:02	2.8	12:30	2.4	6:23	0.2	6:24	0.3	5:50	8:29	
3	Mon	12:39	2.7	1:09	2.5	6:57	0.2	7:07	0.4	5:51	8:29	
4	Tue	1:18	2.6	1:48	2.5	7:31	0.2	7:53	0.4	5:51	8:28	
5	Wed	1:57	2.5	2:27	2.5	8:08	0.3	8:42	0.5	5:52	8:28	
6	Thu	2:38	2.4	3:07	2.6	8:46	0.3	9:33	0.5	5:52	8:28	
7	Fri	3:21	2.3	3:51	2.6	9:29	0.3	10:29	0.5	5:53	8:28	
8	Sat	4:10	2.2	4:43	2.7	10:16	0.3	11:29	0.5	5:54	8:27	
9	Sun	5:09	2.1	5:42	2.8	11:11	0.3			5:54	8:27	
10	Mon	6:13	2.1	6:43	2.9	12:30	0.4	12:09	0.2	5:55	8:27	
11	Tue	7:14	2.2	7:41	3.1	1:28	0.3	1:08	0.1	5:55	8:26	
12	Wed	8:12	2.3	8:38	3.2	2:25	0.2	2:07	0.1	5:56	8:26	
13	Thu	9:09	2.5	9:35	3.4	3:21	0.1	3:07	0.0	5:57	8:26	
14	Fri	10:05	2.7	10:29	3.4	4:13	0.0	4:06	-0.1	5:57	8:25	
15	Sat	10:59	2.8	11:21	3.4	5:01	-0.1	5:01	-0.2	5:58	8:25	
16	Sun	11:52	3.0			5:48	-0.2	5:57	-0.2	5:59	8:24	
17	Mon	12:13	3.3	12:46	3.1	6:35	-0.2	6:55	-0.1	5:59	8:24	
18	Tue	1:05	3.1	1:41	3.1	7:25	-0.1	7:56	0.0	6:00	8:23	
19	Wed	1:57	2.9	2:35	3.1	8:15	-0.1	8:59	0.1	6:01	8:22	
20	Thu	2:49	2.7	3:30	3.1	9:07	0.0	10:03	0.2	6:02	8:22	
21	Fri	3:43	2.5	4:29	3.0	10:00	0.1	11:07	0.3	6:02	8:21	
22	Sat	4:42	2.3	5:34	3.0	10:56	0.2			6:03	8:20	
23	Sun	5:50	2.2	6:38	2.9	12:10	0.4	11:55 AM	0.3	6:04	8:20	
24	Mon	6:54	2.2	7:33	2.9	1:07	0.4	12:51	0.3	6:05	8:19	
25	Tue	7:50	2.3	8:22	2.9	2:00	0.4	1:45	0.3	6:06	8:18	
26	Wed	8:41	2.3	9:07	2.9	2:49	0.3	2:37	0.3	6:06	8:17	
27	Thu	9:27	2.4	9:48	3.0	3:34	0.3	3:25	0.3	6:07	8:17	
28	Fri	10:10	2.5	10:25	3.0	4:12	0.2	4:08	0.3	6:08	8:16	
29	Sat	10:48	2.6	11:00	2.9	4:47	0.2	4:47	0.3	6:09	8:15	
30	Sun	11:24	2.7	11:34	2.9	5:18	0.2	5:24	0.3	6:10	8:14	
31	Mon	11:59	2.7			5:48	0.2	6:01	0.4	6:10	8:13	