US HARBORS www.USHarbors.com

Newport News, VA - Aug 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:09	2.8	12:34	2.7	6:17	0.2	6:39	0.4	6:11	8:12	
2	Wed	12:44	2.7	1:10	2.8	6:48	0.3	7:20	0.5	6:12	8:11	
3	Thu	1:22	2.6	1:47	2.8	7:23	0.3	8:06	0.5	6:13	8:10	
4	Fri	2:02	2.5	2:27	2.8	8:02	0.3	8:56	0.6	6:14	8:09	
5	Sat	2:45	2.4	3:12	2.9	8:46	0.3	9:51	0.6	6:14	8:08	
6	Sun	3:33	2.3	4:04	2.9	9:37	0.4	10:55	0.6	6:15	8:07	
7	Mon	4:31	2.2	5:07	3.0	10:36	0.4			6:16	8:06	
8	Tue	5:41	2.3	6:16	3.1	12:02	0.5	11:42 AM	0.3	6:17	8:05	
9	Wed	6:50	2.4	7:22	3.2	1:05	0.4	12:49	0.2	6:18	8:04	
10	Thu	7:53	2.6	8:22	3.4	2:03	0.3	1:53	0.1	6:19	8:03	
11	Fri	8:52	2.8	9:18	3.5	2:59	0.2	2:55	0.0	6:19	8:01	
12	Sat	9:48	3.0	10:12	3.5	3:50	0.0	3:55	-0.1	6:20	8:00	
13	Sun	10:41	3.2	11:03	3.5	4:37	-0.1	4:50	-0.1	6:21	7:59	
14	Mon	11:32	3.4	11:52	3.4	5:22	-0.1	5:44	-0.1	6:22	7:58	
15	Tue			12:23	3.5	6:07	-0.1	6:39	0.0	6:23	7:57	
16	Wed	12:41	3.2	1:16	3.5	6:53	0.0	7:37	0.2	6:24	7:55	
17	Thu	1:32	2.9	2:09	3.4	7:42	0.1	8:37	0.3	6:24	7:54	
18	Fri	2:23	2.7	3:02	3.3	8:34	0.2	9:38	0.4	6:25	7:53	
19	Sat	3:15	2.5	3:59	3.1	9:28	0.3	10:41	0.5	6:26	7:51	
20	Sun	4:13	2.4	5:03	3.0	10:27	0.4	11:45	0.6	6:27	7:50	
21	Mon	5:22	2.3	6:12	2.9	11:30	0.5			6:28	7:49	
22	Tue	6:33	2.3	7:11	2.9	12:43	0.6	12:31	0.5	6:29	7:48	
23	Wed	7:31	2.4	8:00	3.0	1:35	0.6	1:26	0.5	6:29	7:46	
24	Thu	8:20	2.6	8:42	3.0	2:21	0.5	2:17	0.5	6:30	7:45	
25	Fri	9:04	2.7	9:21	3.0	3:02	0.5	3:04	0.5	6:31	7:43	
26	Sat	9:44	2.8	9:57	3.1	3:39	0.4	3:47	0.4	6:32	7:42	
27	Sun	10:20	2.9	10:32	3.1	4:12	0.3	4:26	0.4	6:33	7:41	
28	Mon	10:54	3.0	11:05	3.0	4:42	0.3	5:02	0.4	6:33	7:39	
29	Tue	11:26	3.1	11:38	2.9	5:11	0.3	5:37	0.4	6:34	7:38	
30	Wed	11:59	3.1			5:39	0.3	6:12	0.5	6:35	7:36	
31	Thu	12:13	2.8	12:33	3.1	6:10	0.3	6:51	0.5	6:36	7:35	