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# Newport News, VA - Dec 2045

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 2:34 | 2.5 | 2:52 | 2.6 | 8:52 | 0.2 | 9:28 | 0.0 | 7:00 | 4:49 | |
| 2 | Sat | 3:40 | 2.6 | 3:56 | 2.5 | 10:03 | 0.2 | 10:25 | 0.0 | 7:01 | 4:49 | |
| 3 | Sun | 4:49 | 2.8 | 5:04 | 2.4 | 11:11 | 0.1 | 11:20 | -0.1 | 7:02 | 4:48 | |
| 4 | Mon | 5:52 | 2.9 | 6:05 | 2.3 | | | 12:14 | 0.1 | 7:03 | 4:48 | |
| 5 | Tue | 6:47 | 3.0 | 7:00 | 2.3 | 12:13 | -0.1 | 1:12 | 0.0 | 7:04 | 4:48 | |
| 6 | Wed | 7:39 | 3.1 | 7:52 | 2.3 | 1:04 | -0.2 | 2:06 | 0.0 | 7:05 | 4:48 | |
| 7 | Thu | 8:28 | 3.1 | 8:41 | 2.3 | 1:55 | -0.2 | 2:56 | -0.1 | 7:05 | 4:48 | |
| 8 | Fri | 9:13 | 3.1 | 9:27 | 2.3 | 2:43 | -0.2 | 3:41 | -0.1 | 7:06 | 4:48 | |
| 9 | Sat | 9:56 | 3.0 | 10:11 | 2.3 | 3:29 | -0.2 | 4:23 | -0.1 | 7:07 | 4:49 | |
| 10 | Sun | 10:36 | 2.9 | 10:54 | 2.2 | 4:10 | -0.1 | 5:02 | 0.0 | 7:08 | 4:49 | |
| 11 | Mon | 11:16 | 2.7 | 11:37 | 2.2 | 4:51 | 0.0 | 5:42 | 0.0 | 7:09 | 4:49 | |
| 12 | Tue | 11:56 | 2.6 | | | 5:32 | 0.1 | 6:22 | 0.1 | 7:09 | 4:49 | |
| 13 | Wed | 12:21 | 2.1 | 12:37 | 2.5 | 6:17 | 0.2 | 7:03 | 0.1 | 7:10 | 4:49 | |
| 14 | Thu | 1:05 | 2.1 | 1:18 | 2.3 | 7:06 | 0.3 | 7:43 | 0.2 | 7:11 | 4:50 | |
| 15 | Fri | 1:49 | 2.1 | 2:01 | 2.2 | 7:58 | 0.3 | 8:23 | 0.2 | 7:11 | 4:50 | |
| 16 | Sat | 2:34 | 2.1 | 2:46 | 2.0 | 8:54 | 0.4 | 9:06 | 0.2 | 7:12 | 4:50 | |
| 17 | Sun | 3:23 | 2.1 | 3:38 | 1.9 | 9:54 | 0.4 | 9:52 | 0.1 | 7:13 | 4:51 | |
| 18 | Mon | 4:19 | 2.2 | 4:36 | 1.8 | 10:54 | 0.3 | 10:42 | 0.1 | 7:13 | 4:51 | |
| 19 | Tue | 5:16 | 2.3 | 5:35 | 1.8 | 11:51 | 0.2 | 11:32 | 0.0 | 7:14 | 4:51 | |
| 20 | Wed | 6:08 | 2.4 | 6:28 | 1.9 | | | 12:43 | 0.2 | 7:14 | 4:52 | |
| 21 | Thu | 6:57 | 2.6 | 7:19 | 2.0 | 12:22 | -0.1 | 1:35 | 0.0 | 7:15 | 4:52 | |
| 22 | Fri | 7:46 | 2.7 | 8:09 | 2.0 | 1:13 | -0.2 | 2:25 | -0.1 | 7:15 | 4:53 | |
| 23 | Sat | 8:36 | 2.9 | 8:58 | 2.1 | 2:05 | -0.3 | 3:13 | -0.2 | 7:16 | 4:53 | |
| 24 | Sun | 9:24 | 3.0 | 9:48 | 2.2 | 2:56 | -0.4 | 3:58 | -0.3 | 7:16 | 4:54 | |
| 25 | Mon | 10:12 | 3.0 | 10:37 | 2.3 | 3:46 | -0.4 | 4:43 | -0.3 | 7:17 | 4:55 | |
| 26 | Tue | 11:01 | 3.0 | 11:29 | 2.4 | 4:37 | -0.4 | 5:30 | -0.3 | 7:17 | 4:55 | |
| 27 | Wed | 11:51 | 2.8 | | | 5:30 | -0.4 | 6:19 | -0.3 | 7:17 | 4:56 | |
| 28 | Thu | 12:23 | 2.4 | 12:43 | 2.7 | 6:29 | -0.3 | 7:10 | -0.3 | 7:18 | 4:57 | |
| 29 | Fri | 1:19 | 2.5 | 1:36 | 2.5 | 7:33 | -0.2 | 8:03 | -0.3 | 7:18 | 4:57 | |
| 30 | Sat | 2:16 | 2.5 | 2:30 | 2.2 | 8:39 | -0.1 | 8:57 | -0.3 | 7:18 | 4:58 | |
| 31 | Sun | 3:17 | 2.5 | 3:30 | 2.0 | 9:47 | -0.1 | 9:51 | -0.3 | 7:18 | 4:59 | |