US HARBORS www.USHarbors.com

Newport News, VA - Aug 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:10	2.5	4:53	3.1	10:23	0.1	11:36	0.3	6:11	8:12	
2	Sat	5:15	2.4	6:01	3.1	11:21	0.2			6:12	8:11	
3	Sun	6:23	2.3	7:04	3.1	12:38	0.3	12:21	0.3	6:13	8:10	
4	Mon	7:24	2.4	7:59	3.1	1:36	0.3	1:18	0.3	6:13	8:09	
5	Tue	8:19	2.5	8:48	3.1	2:29	0.3	2:13	0.3	6:14	8:08	
6	Wed	9:09	2.5	9:33	3.1	3:18	0.3	3:05	0.3	6:15	8:07	
7	Thu	9:55	2.6	10:13	3.1	4:01	0.3	3:52	0.3	6:16	8:06	
8	Fri	10:37	2.7	10:49	3.0	4:39	0.2	4:34	0.3	6:17	8:05	
9	Sat	11:15	2.8	11:24	3.0	5:13	0.2	5:13	0.3	6:17	8:04	
10	Sun	11:52	2.8	11:59	2.9	5:44	0.2	5:50	0.4	6:18	8:03	
11	Mon			12:28	2.8	6:14	0.3	6:28	0.4	6:19	8:02	
12	Tue	12:34	2.8	1:05	2.8	6:45	0.3	7:09	0.5	6:20	8:01	
13	Wed	1:12	2.7	1:42	2.8	7:17	0.4	7:53	0.5	6:21	7:59	
14	Thu	1:51	2.6	2:21	2.8	7:53	0.4	8:41	0.6	6:22	7:58	
15	Fri	2:32	2.5	3:02	2.8	8:33	0.5	9:32	0.6	6:22	7:57	
16	Sat	3:16	2.4	3:48	2.9	9:19	0.5	10:30	0.6	6:23	7:56	
17	Sun	4:07	2.3	4:44	2.9	10:13	0.5	11:33	0.6	6:24	7:55	
18	Mon	5:10	2.3	5:49	3.0	11:14	0.5			6:25	7:53	
19	Tue	6:18	2.3	6:54	3.1	12:34	0.5	12:19	0.4	6:26	7:52	
20	Wed	7:21	2.5	7:52	3.3	1:32	0.4	1:22	0.3	6:27	7:51	
21	Thu	8:19	2.7	8:48	3.5	2:27	0.3	2:22	0.2	6:27	7:49	
22	Fri	9:14	2.9	9:42	3.6	3:19	0.2	3:22	0.1	6:28	7:48	
23	Sat	10:08	3.1	10:33	3.6	4:08	0.0	4:18	0.0	6:29	7:47	
24	Sun	10:59	3.3	11:23	3.6	4:54	0.0	5:12	0.0	6:30	7:45	
25	Mon	11:49	3.5			5:38	-0.1	6:05	0.0	6:31	7:44	
26	Tue	12:13	3.4	12:41	3.5	6:24	0.0	7:02	0.1	6:31	7:43	
27	Wed	1:04	3.2	1:34	3.5	7:12	0.0	8:03	0.2	6:32	7:41	
28	Thu	1:56	3.0	2:29	3.5	8:03	0.1	9:06	0.4	6:33	7:40	
29	Fri	2:50	2.8	3:26	3.3	8:58	0.3	10:10	0.5	6:34	7:38	
30	Sat	3:47	2.6	4:28	3.2	9:56	0.4	11:16	0.6	6:35	7:37	
31	Sun	4:52	2.5	5:40	3.1	10:59	0.5			6:36	7:36	