

Newport News, VA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:05	2.1	4:25	1.7	10:45	0.2	10:30	0.0	7:18	4:59	
2	Fri	5:04	2.2	5:27	1.7	11:44	0.2	11:25	-0.1	7:18	5:00	
3	Sat	6:01	2.4	6:24	1.8			12:40	0.1	7:18	5:01	
4	Sun	6:54	2.5	7:17	1.9	12:19	-0.2	1:34	-0.1	7:19	5:02	
5	Mon	7:47	2.7	8:10	2.0	1:13	-0.3	2:26	-0.2	7:19	5:03	
6	Tue	8:39	2.9	9:02	2.1	2:08	-0.4	3:15	-0.3	7:19	5:04	
7	Wed	9:29	3.0	9:52	2.2	3:01	-0.5	4:02	-0.4	7:18	5:05	
8	Thu	10:18	3.0	10:43	2.3	3:53	-0.6	4:47	-0.4	7:18	5:06	
9	Fri	11:07	2.9	11:35	2.4	4:44	-0.6	5:33	-0.5	7:18	5:06	
10	Sat	11:57	2.8			5:39	-0.5	6:22	-0.5	7:18	5:07	
11	Sun	12:29	2.4	12:49	2.6	6:38	-0.4	7:13	-0.4	7:18	5:08	
12	Mon	1:24	2.5	1:40	2.3	7:41	-0.3	8:04	-0.4	7:18	5:09	
13	Tue	2:20	2.5	2:34	2.1	8:46	-0.2	8:58	-0.3	7:18	5:10	
14	Wed	3:21	2.4	3:33	1.9	9:54	-0.1	9:55	-0.3	7:17	5:11	
15	Thu	4:29	2.4	4:41	1.8	11:01	0.0	10:55	-0.2	7:17	5:12	
16	Fri	5:38	2.4	5:49	1.7			12:05	0.0	7:17	5:13	
17	Sat	6:39	2.4	6:48	1.7			1:02	0.0	7:16	5:14	
18	Sun	7:32	2.5	7:42	1.8	12:50	-0.2	1:56	-0.1	7:16	5:15	
19	Mon	8:20	2.5	8:30	1.9	1:43	-0.2	2:43	-0.1	7:15	5:16	
20	Tue	9:02	2.5	9:14	2.0	2:32	-0.2	3:24	-0.2	7:15	5:18	
21	Wed	9:40	2.5	9:54	2.0	3:16	-0.3	4:00	-0.2	7:14	5:19	
22	Thu	10:14	2.5	10:31	2.0	3:55	-0.2	4:33	-0.2	7:14	5:20	
23	Fri	10:48	2.4	11:07	2.0	4:31	-0.2	5:04	-0.2	7:13	5:21	
24	Sat	11:22	2.3	11:43	2.1	5:07	-0.1	5:34	-0.2	7:13	5:22	
25	Sun	11:57	2.2			5:44	-0.1	6:06	-0.2	7:12	5:23	
26	Mon	12:20	2.1	12:34	2.1	6:25	0.0	6:39	-0.1	7:11	5:24	
27	Tue	12:57	2.1	1:12	1.9	7:09	0.1	7:16	-0.1	7:11	5:25	
28	Wed	1:36	2.1	1:53	1.8	7:58	0.1	7:58	-0.1	7:10	5:26	
29	Thu	2:19	2.1	2:39	1.7	8:52	0.2	8:46	0.0	7:09	5:27	
30	Fri	3:10	2.1	3:34	1.6	9:56	0.2	9:43	0.0	7:08	5:28	
31	Sat	4:14	2.2	4:42	1.6	11:04	0.2	10:46	-0.1	7:08	5:29	